

Section VII

Appendix A – Community Health Assessment Survey Questionnaire

- English Version - Spanish Version (not available)

Appendix B – Community Health Assessment Survey Results and Graphical Data

Appendix C – County Health Rankings Data - 2019

Appendix D – Community Resources - 2019

Appendix E – References and Resources



SCHD Staff Promote Unity Day 2018



Poison Prevention at LHA 2018



Nurses Week 2018



Health Promotion on WLNC Radio 2018



Health Equity/Gender Pronoun Education 2019



Child Health Fair Safe Sleep/SIDS 2019



Student Volunteer/Heart Health 2019



Flu Clinic 2019

ARE YOU A SCOTLAND COUNTY RESIDENT?

We Need Your Help!

Dear Scotland County Resident,

A **Community Health Needs Assessment** is performed every three years to gain an understanding of the health, concerns, and health care systems of the community. The needs assessment will help provide direction and focus for Scotland Health Care System, Scotland County Health Department, and other community agencies and organizations in Scotland County and will also serve as a basis for improving and promoting the health of Scotland County residents.

As a Scotland County resident, you can help Scotland County Health Department and Scotland Health Care System with this very important **2019 Community Health Needs Assessment** by completing the confidential and short **5-7 minute** survey.

You may leave this survey at the agency where you have completed, OR return the completed survey to **Scotland Health Care System** (Front Desk) at **500 Lauchwood Drive Laurinburg, NC 28352** or **Scotland County Health Department** (Registration Desk), **1405 West Blvd. Laurinburg, NC 28353** no later than **June 14th, 2019**.

Thank you for providing your input for the

2019 Community Health Assessment



2019 Scotland County Community Health Needs Survey
By Scotland Health Care System & Scotland County Health Department

Appendix A

SECTION I: THESE QUESTIONS APPLY TO YOU AS AN INDIVIDUAL

1. How do you rate or feel about your health? (Check one)
☐ Excellent ☐ Very Good ☐ Good ☐ Fair ☐ Poor ☐ Don't Know /Not Sure
2. In the past 3 months, how often have you participated in any physical activities/exercises such as running, sports, gardening, or walking for exercise? (Check one)
☐ None ☐ 1-2 days/week ☐ 3-5 days/week ☐ 6-7 days/week ☐ Other (Please specify) _____
3. In the past year, have you seen a medical provider for any of the following? (Check all that apply)
☐ Routine Check-up ☐ Health screening ☐ Sick Visit ☐ Emergency ☐ Not seen
4. When seeking medical care, where do you go first? (Check one)
☐ Urgent Care at Scotland Memorial ☐ ER at Scotland Memorial ☐ Primary Provider/Family Physician
☐ Scotland County Health Department ☐ Scotland Community Health (Free Clinic) ☐ Moore Regional Hospital
☐ First Health Richmond ☐ Southeastern Regional Medical Center ☐ Cape Fear Valley Medical Center
☐ Sandhills Medical Center (Hamlet) ☐ Other Urgent Care Centers (please specify) _____
5. Have you been told by a doctor, nurse, or health professional that you have any of the following? (Check all that apply)
☐ Asthma/Lung Disease ☐ Diabetes ☐ Heart Disease ☐ Depression ☐ Osteoporosis ☐ High Blood Pressure
☐ Overweight/Obesity ☐ High Cholesterol ☐ Cancer ☐ None ☐ Other (please specify) _____
6. In the past year have you attended any free community health screenings in Scotland County for any of the following? (Blood pressure, Cholesterol, Diabetes, Mammogram, PSA, or other) ☐ Yes ☐ No
7. Do you use any kind of tobacco, smokeless products or e-cigarettes (vaping)? (Check all that apply)
☐ Smoke ☐ Chew/Dip ☐ Electronic Cigarettes ☐ None
8. Do you support tobacco/smoke free public Places/Buildings/Grounds/Parks in Scotland County?
☐ Yes ☐ No
9. What would be your main way of getting information from authorities in a disaster or emergency (tornado, flood, hurricane, etc.)? (Check one)
☐ Television ☐ Neighbors ☐ Radio ☐ Text Message (Emergency Alert System) ☐ Print Media (ex. Newspaper)
☐ Social Media (facebook, twitter, Instagram, etc.) ☐ Don't Know / Not Sure ☐ Other: _____
10. Would you be likely to evacuate due to a disaster or emergency? ☐ Yes ☐ No If no, why? (Check one)
☐ Concern about personal/family safety ☐ Inability to get out of home or area ☐ Lack of trust in information
☐ Health problems (need assistance) ☐ Not wanting to leave home or property ☐ no transportation
☐ Concern about leaving pets ☐ Don't Know / Not Sure ☐ Other _____
11. What are your biggest health issues/ worries? (Check all that apply)
☐ Asthma/Lung Disease ☐ Obesity/Overweight ☐ Cancer ☐ Stroke ☐ High blood pressure ☐ Heart Disease
☐ Diabetes (sugar) ☐ Mental Health ☐ Teen Pregnancy ☐ Dental Health ☐ Mold
☐ Substance Misuse (Drugs/Alcohol) ☐ STDs ☐ Smoking/Use of tobacco products or e-cigarettes
☐ Heat Related Illness ☐ Other _____
12. Do you have access to healthy foods/items (i.e. fruits, vegetables, whole grains, etc.)? ☐ Yes ☐ No

SECTION II: THESE QUESTIONS APPLY TO YOUR FAMILY/HOUSEHOLD

13. What are the biggest behaviors/risk factors that impact your family? (Check all that apply)

- ☐ Substance Use (Drugs/ Alcohol) ☐ Unprotected sex ☐ Poor Nutrition ☐ Child/Spouse/Parent Abuse ☐ Seatbelt use ☐ Lack of Physical Activity ☐ Crime/Violence ☐ Child Safety Seat Use ☐ Lack of Dental Health ☐ Use of Tobacco or Vaping Products ☐ Bullying ☐ Suicide ☐ Cancer ☐ Other: _____

14. What is the main reason that keeps you or your family from getting medical care? (Check one)

- ☐ Cultural or Religious Beliefs ☐ No Insurance ☐ Unable to pay for visit to doctor ☐ Fear/Trust ☐ Services too far away ☐ I don't think I need it ☐ Transportation ☐ Have to wait too long at doctor office ☐ No appointments available at doctor when needed ☐ Medical care not important ☐ No child care ☐ None. I go to doctor when I need medical care ☐ Other: _____

15. Where do you and your family get most of your health information? (Check all that apply)

- ☐ Doctor/Health Professional ☐ Hospital ☐ Health Department ☐ Community Education Events ☐ Friends or Family ☐ Newspaper/ Magazines ☐ Internet ☐ Library ☐ Television ☐ Radio ☐ Church ☐ Social Media

16. Does your family have a basic emergency supply kit? (Kits include water, canned food, any needed medicines, first-aid kit, flashlights and batteries, non-electric can opener, blanket, etc.) ☐ Yes ☐ No ☐ Don't Know / Not Sure

SECTION III: THESE QUESTIONS APPLY TO THE COMMUNITY IN WHICH YOU LIVE

17. In your opinion, what is the biggest health issue/ concern in your community? (Check one)

- ☐ Diabetes (Sugar) ☐ High Blood Pressure ☐ Heart Disease/Stroke ☐ Asthma/Lung Disease ☐ Tobacco Use/E-cigarettes (Vaping) ☐ Substance Use (Drugs/ Alcohol ☐ Teen Pregnancy) ☐ Gangs/ Violence ☐ Mental Health ☐ Adult/ Child Abuse ☐ Obesity/Overweight ☐ Dental Health ☐ Suicide ☐ Motor Vehicle Deaths ☐ HIV/AIDS ☐ Other: _____

18. Which do you feel affects the quality of healthcare that you or people in your community receive? (Check all that apply) ☐ Ability to read & write ☐ Language Barrier ☐ Age ☐ Race ☐ Economic (Low Income, No Insurance, etc.) ☐ Sex/Gender ☐ Not Affected ☐ Other: _____

19. What do you feel are the top three issues in your community due to lack of money? (Check three)

- ☐ Food ☐ Medicine ☐ Health Insurance ☐ Transportation ☐ Home/Shelter ☐ Utilities (ie. Electricity, Fuel, Water) ☐ Unemployment ☐ Substance Use ☐ Crime/Violence/Gangs

20. What services/screenings/education does your community need to help improve the health of your family and neighbors? (Check all that apply)

- ☐ Mental Health Services(including depression/anxiety) ☐ Safe place to walk/play/exercise ☐ After-School Programs ☐ Recreation Center ☐ Rehab Services (Drugs/Alcohol) ☐ Healthy Food Choices/Nutrition ☐ Transportation ☐ Job opportunities ☐ Positive youth activities ☐ Wellness Services ☐ Specialty Physicians ☐ Quit Smoking ☐ Cancer ☐ Literacy ☐ Pregnancy Prevention ☐ Reckless Driving/Seatbelts/Child Car Seats ☐ Cholesterol/ Blood Pressure ☐ Diabetes ☐ Emergency Preparedness ☐ HIV/Sexually Transmitted Diseases ☐ Dental Screening ☐ Eating disorders ☐ Vaccinations/ Immunizations ☐ Disease Outbreaks ☐ Heat Related Illness ☐ Other: _____

SECTION IV: DEMOGRAPHICS

For Statistical Purposes Only, Please complete the following:

I am: ☐ Male ☐ Female ☐ Transgender ☐ LGBTQ+

My Age is: ☐ Under 25 ☐ 25-34 ☐ 35-44 ☐ 45-54 ☐ 55-64 ☐ 65-74 ☐ 75+

Do you have health insurance? ☐ Yes ☐ No

If yes, what type? ☐ Medicare ☐ Medicaid ☐ Obama Care ☐ Private

What is your zip code: _____ and/or city where you live? _____

My race is: ☐ White/Caucasian ☐ Black/African American ☐ Native American ☐ Alaskan Native ☐ Asian Pacific Islander
☐ Other _____

What is your ethnicity? ☐ Hispanic ☐ Non- Hispanic ☐ Unknown

I am: ☐ Employed ☐ Unemployed ☐ Retired ☐ Disabled ☐ Other: _____

What is your marital status? ☐ Never married ☐ Married ☐ Separated ☐ Divorced ☐ Widowed ☐ Other _____

My Highest level of education completed: ☐ Less than 12th grade ☐ High School Graduate ☐ Some College ☐ 2yr degree
☐ Bachelor Degree ☐ Graduate Degree ☐ Post Graduate Degree

My household income last year was: ☐ less than \$10,000 ☐ \$10,000-\$19,999 ☐ \$20,000-\$29,999 ☐ \$30,000-\$49,999
☐ 50,000-\$74,000 ☐ \$75,000-\$99,999 ☐ \$100,000+ ☐ Do not know ☐ Prefer not to answer

My job field is best described as: ☐ Agriculture ☐ Business/Industry ☐ Retail ☐ Homemaker ☐ Government ☐ Healthcare
☐ Student ☐ Education ☐ Food Service ☐ Migrant Worker ☐ Other: _____

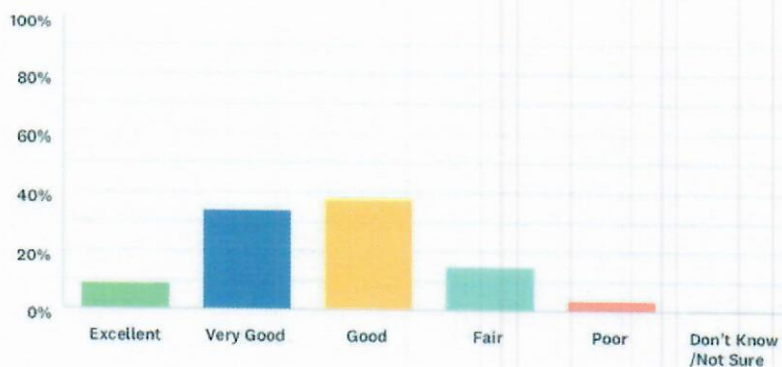
****Thank you for your participation****

APPENDIX B

**COMMUNITY HEALTH NEEDS ASSESSMENT:
MAIN SURVEY RESULTS
AND GRAPHICAL DATA**

How do you rate or feel about your health?

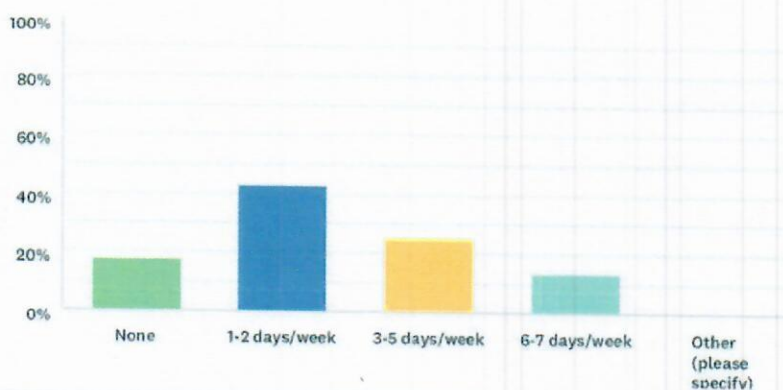
Answered: 597 Skipped: 2



ANSWER CHOICES	RESPONSES	
Excellent	8.88%	53
Very Good	34.00%	203
Good	38.19%	228
Fair	15.24%	91
Poor	3.35%	20
Don't Know / Not Sure	0.34%	2
TOTAL		597

In the past 3 months, how often have you participated in any physical activities/exercises such as running, sports, gardening, or walking for exercise?

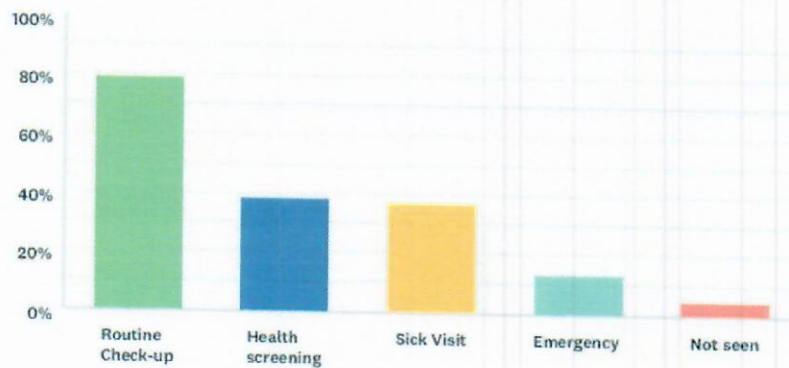
Answered: 588 Skipped: 11



ANSWER CHOICES	RESPONSES	
None	17.69%	104
1-2 days/week	43.03%	253
3-5 days/week	25.00%	147
6-7 days/week	13.61%	80
Other (please specify)	0.68%	4
TOTAL		588

In the past year, have you seen a medical provider for any of the following? (Check all that apply)

Answered: 591 Skipped: 8



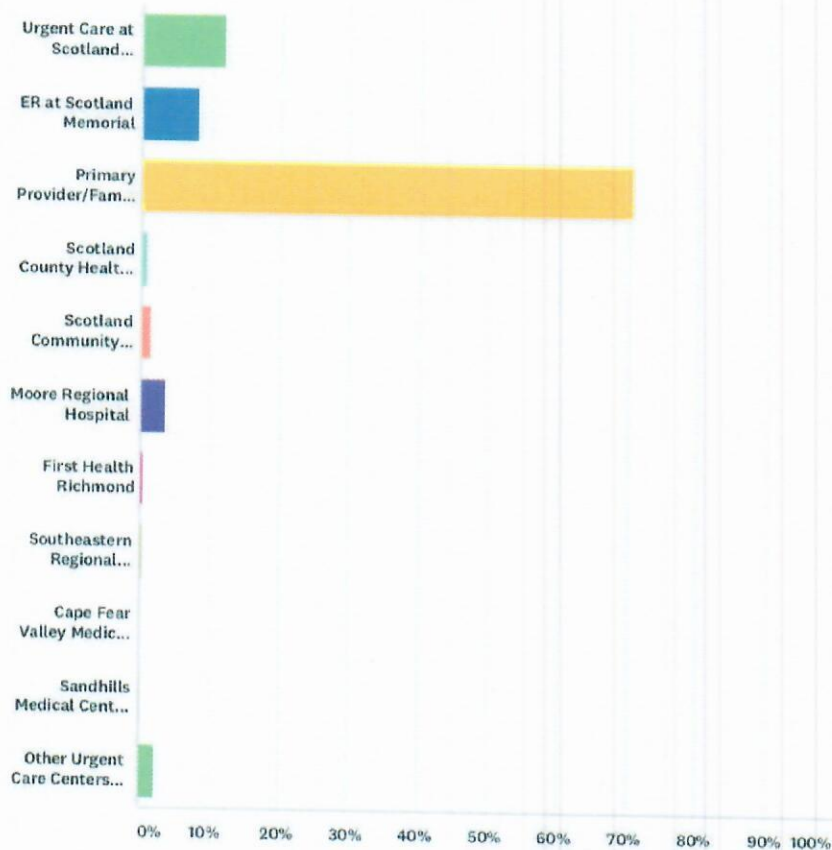
ANSWER CHOICES

RESPONSES

Routine Check-up	79.02%	467
Health screening	38.75%	229
Sick Visit	37.06%	219
Emergency	13.37%	79
Not seen	4.91%	29
Total Respondents: 591		

When seeking medical care, where do you go first?

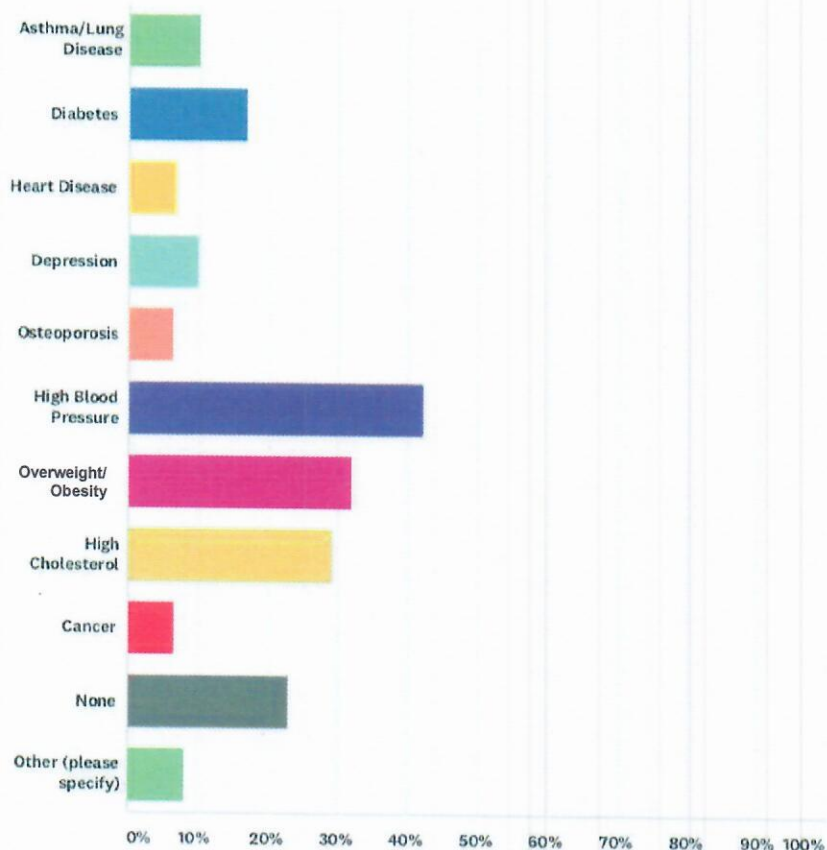
Answered: 582 Skipped: 17



ANSWER CHOICES	RESPONSES	
Urgent Care at Scotland Memorial	12.03%	70
ER at Scotland Memorial	8.08%	47
Primary Provider/Family Physician	70.62%	411
Scotland County Health Department	0.86%	5
Scotland Community Health (Free Clinic)	1.37%	8
Moore Regional Hospital	3.61%	21
First Health Richmond	0.52%	3
Southeastern Regional Medical Center	0.34%	2
Cape Fear Valley Medical Center	0.00%	0
Sandhills Medical Center (Hamlet)	0.17%	1
Other Urgent Care Centers (please specify)	2.41%	14
TOTAL		582

Have you been told by a doctor, nurse, or health professional that you have any of the following? (Check all that apply)

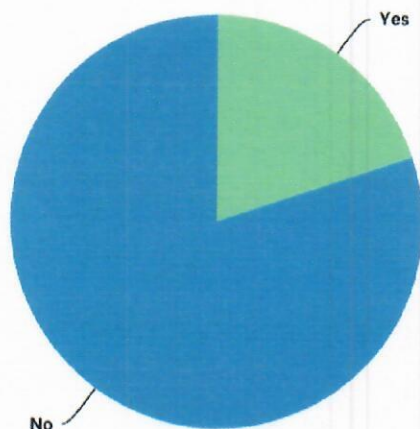
Answered: 589 Skipped: 10



ANSWER CHOICES	RESPONSES	
Asthma/Lung Disease	10.19%	60
Diabetes	16.98%	100
Heart Disease	6.96%	41
Depression	10.02%	59
Osteoporosis	6.45%	38
High Blood Pressure	42.28%	249
Overweight/Obesity	31.92%	188
High Cholesterol	29.20%	172
Cancer	6.62%	39
None	23.09%	136
Other (please specify)	8.15%	48
Total Respondents: 589		

Q6 In the past year have you attended any free community health screenings in Scotland County for any of the following? (Blood pressure, Cholesterol, Diabetes, Mammogram, PSA, or other)

Answered: 569 Skipped: 30



ANSWER CHOICES

Yes

RESPONSES

19.68%

112

No

80.32%

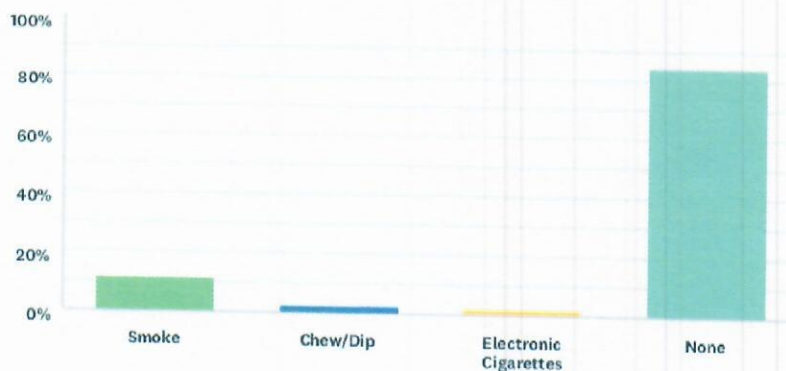
457

TOTAL

569

Q7 Do you use any kind of tobacco, smokeless products or e-cigarettes (vaping)? (Check all that apply)

Answered: 587 Skipped: 12



ANSWER CHOICES

Smoke

RESPONSES

11.41%

67

Chew/Dip

2.56%

15

Electronic Cigarettes

2.21%

13

None

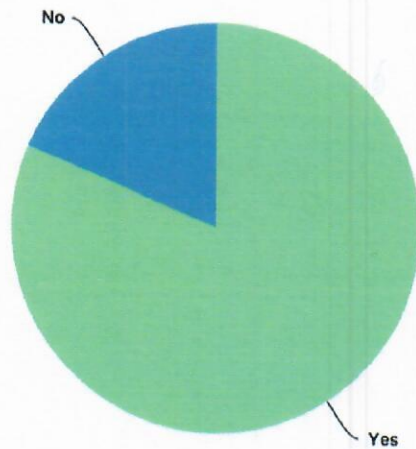
84.67%

497

Total Respondents: 587

Q3 Do you support tobacco/smoke free public Places/Buildings/Grounds/Parks in Scotland County?

Answered: 579 Skipped: 20



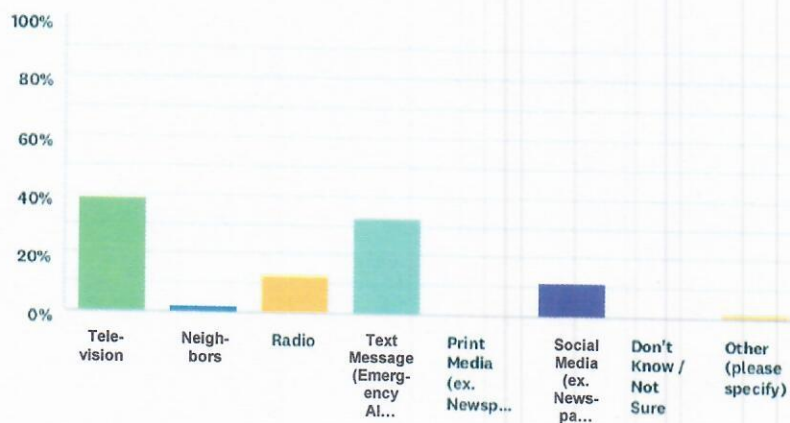
ANSWER CHOICES

RESPONSES

Yes	81.35%	471
No	18.65%	108
TOTAL		579

Q4 What would be your main way of getting information from authorities in a disaster or emergency (tornado, flood, hurricane, etc.)?

Answered: 582 Skipped: 17



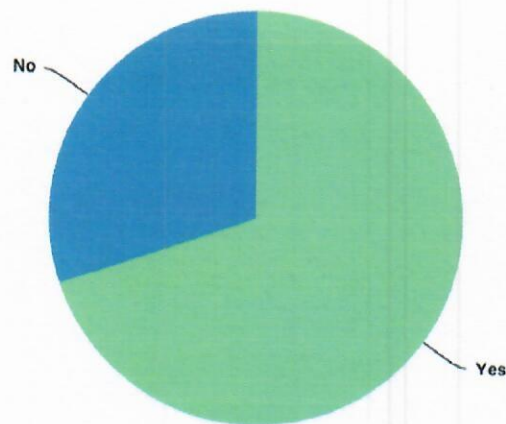
ANSWER CHOICES

RESPONSES

Television	38.83%	226
Neighbors	1.89%	11
Radio	12.37%	72
Text Message (Emergency Alert System)	33.16%	193
Print Media (ex. Newspaper)	0.34%	2
Social Media (Facebook, Twitter, Instagram, etc.)	11.34%	66
Don't Know / Not Sure	0.34%	2
Other (please specify)	1.72%	10
TOTAL		582

C J Would you be likely to evacuate due to a disaster or emergency?

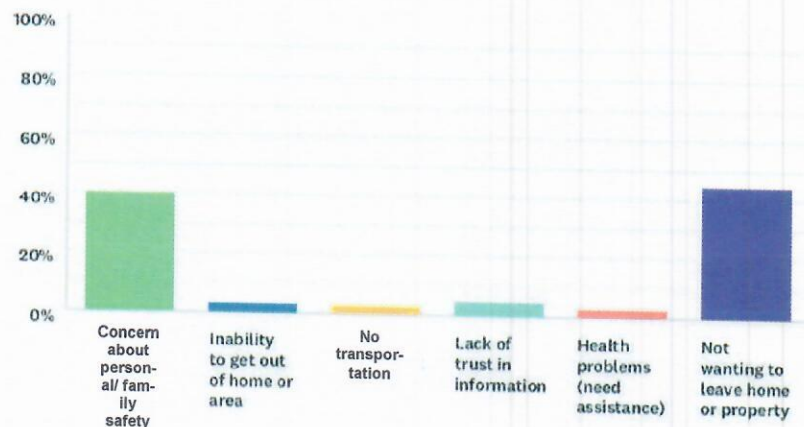
Answered: 568 Skipped: 31



ANSWER CHOICES	RESPONSES	
Yes	69.72%	396
No	30.28%	172
TOTAL		568

(. If you answered no to the previous question, please specify why?

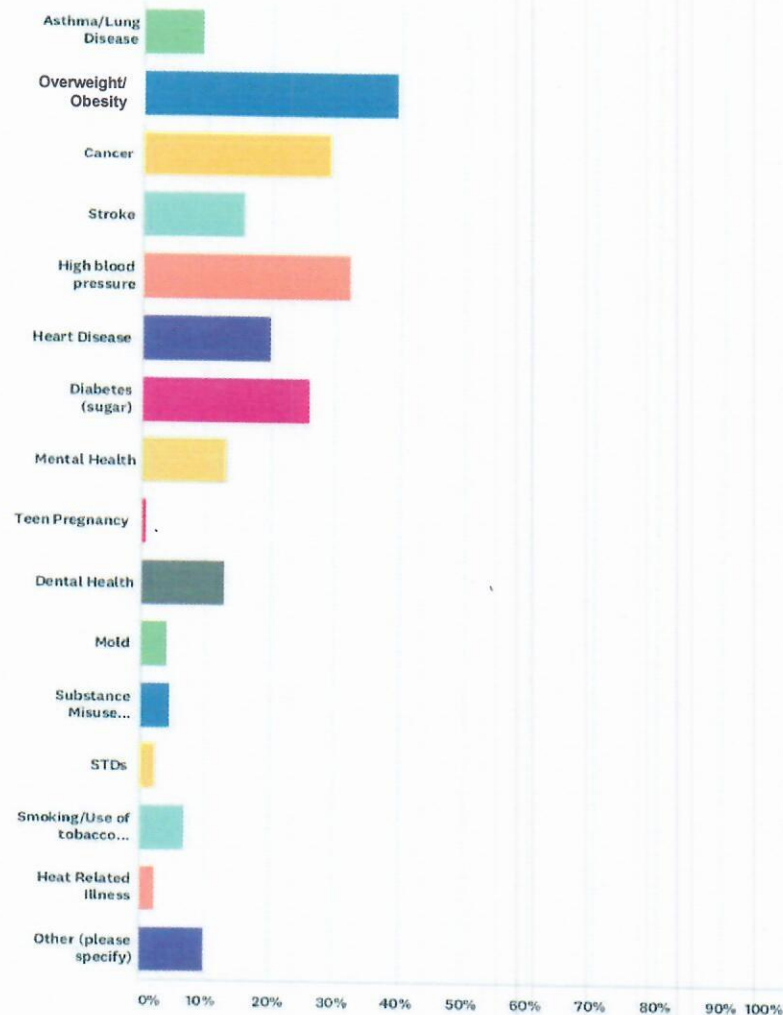
Answered: 230 Skipped: 369



ANSWER CHOICES	RESPONSES	
Concern about personal/family safety	40.43%	93
Inability to get out of home or area	3.48%	8
No transportation	3.04%	7
Lack of trust in information	5.22%	12
Health problems (need assistance)	3.04%	7
Not wanting to leave home or property	44.78%	103
TOTAL		230

C 2 What are your biggest health issues/ worries? (Check all that apply)

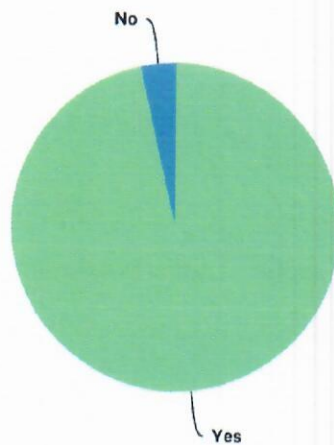
Answered: 547 Skipped: 52



ANSWER CHOICES	RESPONSES	
Asthma/Lung Disease	9.14%	50
Obesity/Overweight	39.31%	215
Cancer	29.07%	159
Stroke	15.72%	86
High blood pressure	32.18%	176
Heart Disease	19.93%	109
Diabetes (sugar)	25.96%	142
Mental Health	13.16%	72
Teen Pregnancy	0.91%	5
Dental Health	12.98%	71
Mold	4.20%	23
Substance Misuse (Drugs/Alcohol)	4.57%	25
STDs	2.56%	14
Smoking/Use of tobacco products or e-cigarettes	6.95%	38
Heat Related Illness	2.56%	14
Other (please specify)	10.05%	55
Total Respondents: 547		

3 Do you have access to healthy foods/items (i.e. fruits, vegetables, whole grains, etc.)?

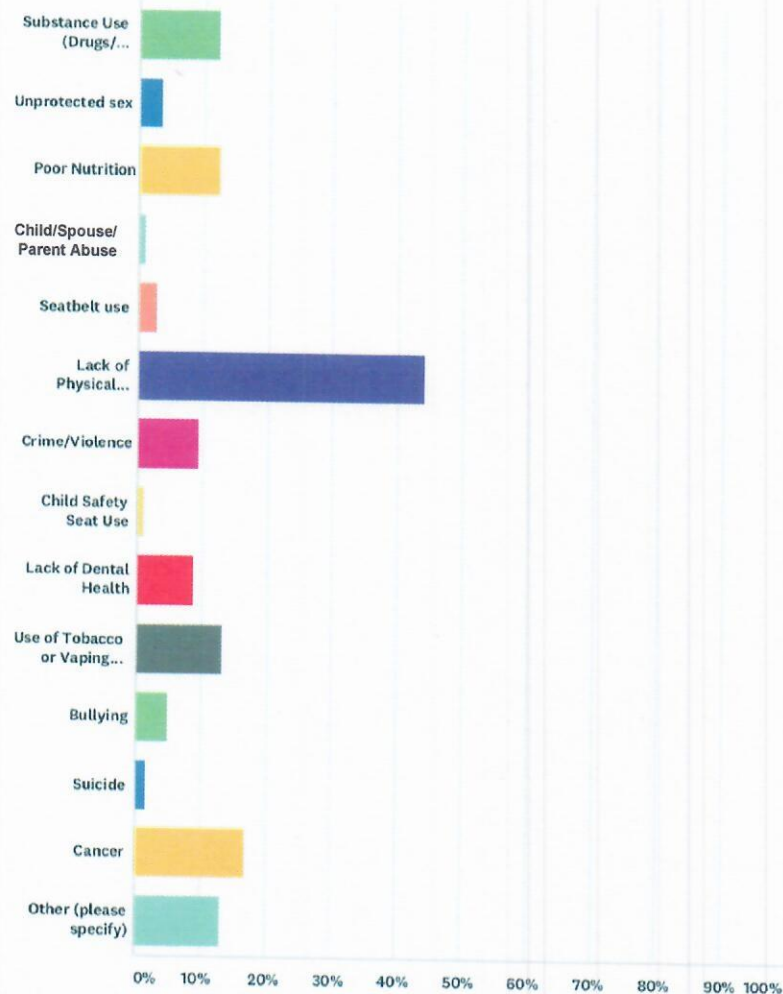
Answered: 565 Skipped: 34



ANSWER CHOICES	RESPONSES	
Yes	96.46%	545
No	3.54%	20
TOTAL		565

C What are the biggest behaviors/risk factors that impact your family?
(Check all that apply)

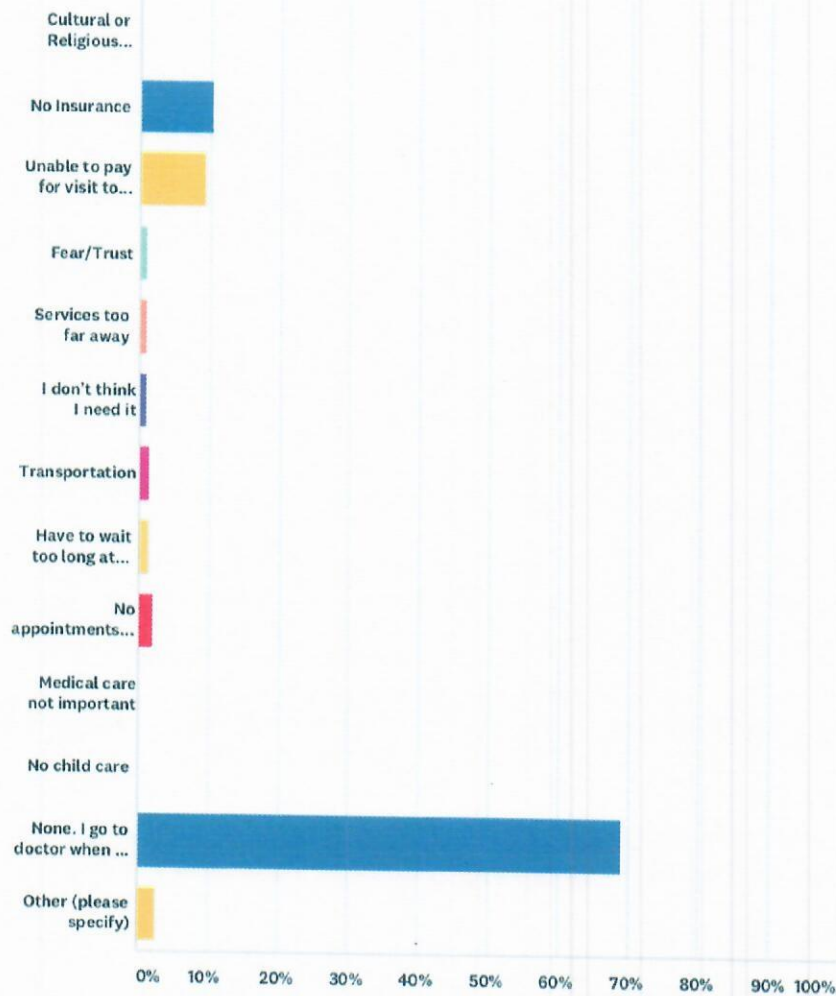
Answered: 463 Skipped: 136



ANSWER CHOICES	RESPONSES	
Substance Use (Drugs/ Alcohol)	12.31%	57
Unprotected sex	3.46%	16
Poor Nutrition	12.53%	58
Child/Spouse/Parent Abuse	1.08%	5
Seatbelt use	3.02%	14
Lack of Physical Activity	44.06%	204
Crime/Violence	9.50%	44
Child Safety Seat Use	1.08%	5
Lack of Dental Health	8.86%	41
Use of Tobacco or Vaping Products	13.17%	61
Bullying	4.97%	23
Suicide	1.73%	8
Cancer	16.85%	78
Other (please specify)	13.17%	61
Total Respondents: 463		

C What is the main reason that keeps you or your family from getting medical care?

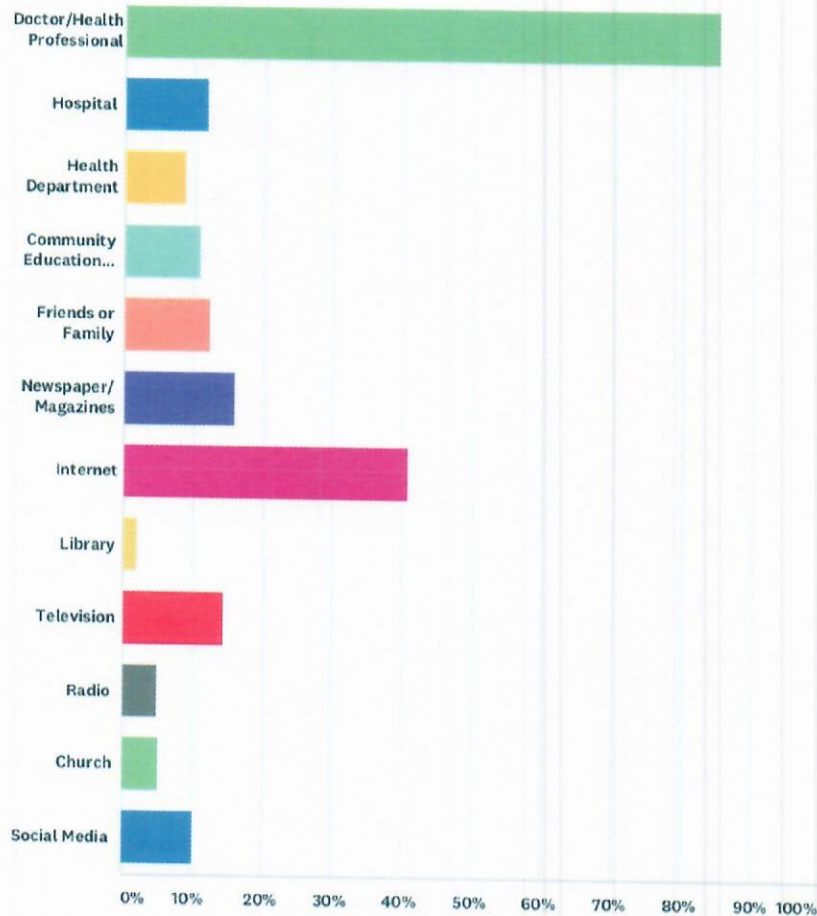
Answered: 528 Skipped: 71



ANSWER CHOICES	RESPONSES	
Cultural or Religious Beliefs	0.19%	1
No Insurance	10.42%	55
Unable to pay for visit to doctor	9.47%	50
Fear/Trust	1.14%	6
Services too far away	0.95%	5
I don't think I need it	1.14%	6
Transportation	1.52%	8
Have to wait too long at doctor office	1.52%	8
No appointments available at doctor when needed	2.08%	11
Medical care not important	0.00%	0
No child care	0.00%	0
None. I go to doctor when I need medical care	68.94%	364
Other (please specify)	2.65%	14
TOTAL		528

Where do you and your family get most of your health information?
(Check all that apply)

Answered: 550 Skipped: 49



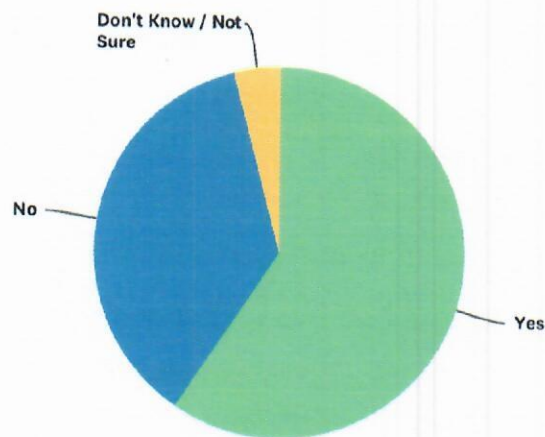
ANSWER CHOICES

RESPONSES

Doctor/Health Professional	85.09%	468
Hospital	12.00%	66
Health Department	8.73%	48
Community Education Events	10.91%	60
Friends or Family	12.36%	68
Newspaper/ Magazines	16.00%	88
Internet	40.73%	224
Library	2.18%	12
Television	14.36%	79
Radio	5.09%	28
Church	5.27%	29
Social Media	10.18%	56
Total Respondents: 550		

7 Does your family have a basic emergency supply kit? (Kits include water, canned food, any needed medicines, first-aid kit, flashlights and batteries, non-electric can opener, blanket, etc.)

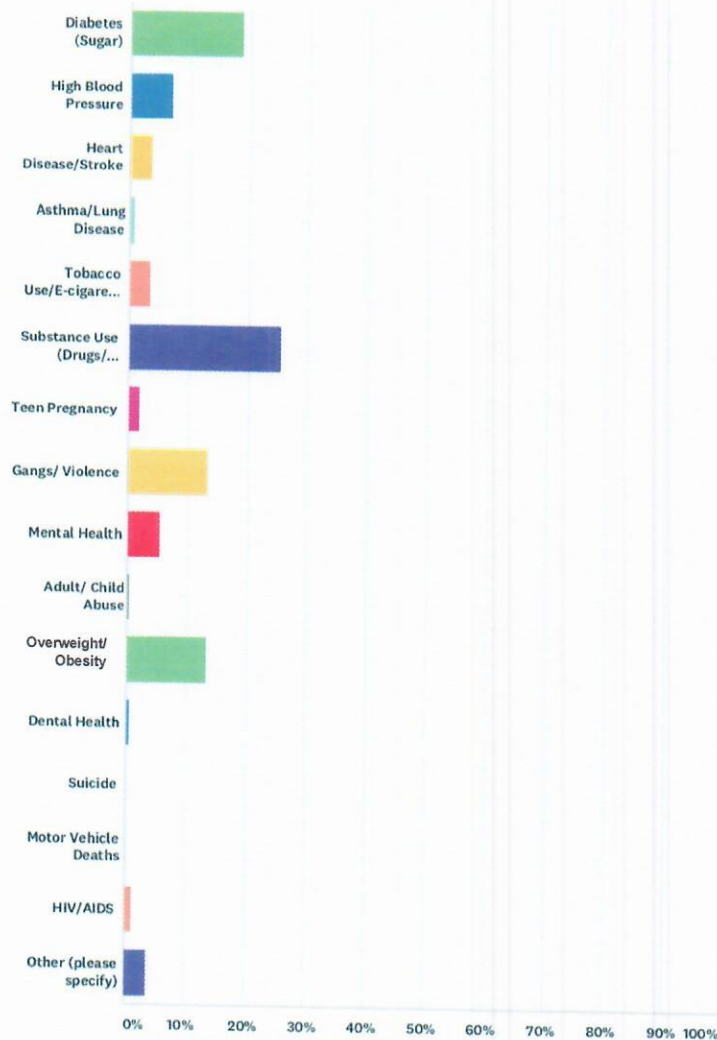
Answered: 519 Skipped: 80



ANSWER CHOICES	RESPONSES	
Yes	59.34%	308
No	36.61%	190
Don't Know / Not Sure	4.05%	21
TOTAL		519

8 In your opinion, what is the biggest health issue/ concern in your community?

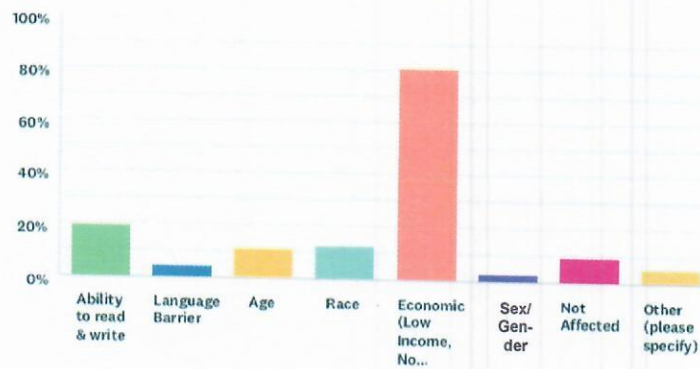
Answered: 513 Skipped: 86



ANSWER CHOICES	RESPONSES	
Diabetes (Sugar)	18.91%	97
High Blood Pressure	7.21%	37
Heart Disease/Stroke	3.70%	19
Asthma/Lung Disease	0.78%	4
Tobacco Use/E-cigarettes (Vaping)	3.51%	18
Substance Use (Drugs/ Alcohol)	25.54%	131
Teen Pregnancy	1.95%	10
Gangs/ Violence	13.45%	69
Mental Health	5.46%	28
Adult/ Child Abuse	0.39%	2
Obesity/Overweight	13.45%	69
Dental Health	0.58%	3
Suicide	0.00%	0
Motor Vehicle Deaths	0.19%	1
HIV/AIDS	1.17%	6
Other (please specify)	3.70%	19
TOTAL		513

Q 10 Which do you feel affects the quality of healthcare that you or people in your community receive? (Check all that apply)

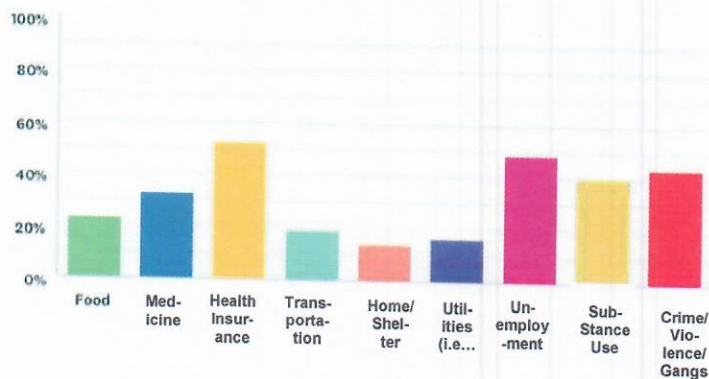
Answered: 502 Skipped: 97



ANSWER CHOICES	RESPONSES	
Ability to read & write	19.32%	97
Language Barrier	4.58%	23
Age	11.16%	56
Race	12.35%	62
Economic (Low Income, No Insurance, etc.)	80.88%	406
Sex/Gender	2.79%	14
Not Affected	9.36%	47
Other (please specify)	5.38%	27
Total Respondents: 502		

Q 11 What do you feel are the top three issues in your community due to lack of money? (Check three)

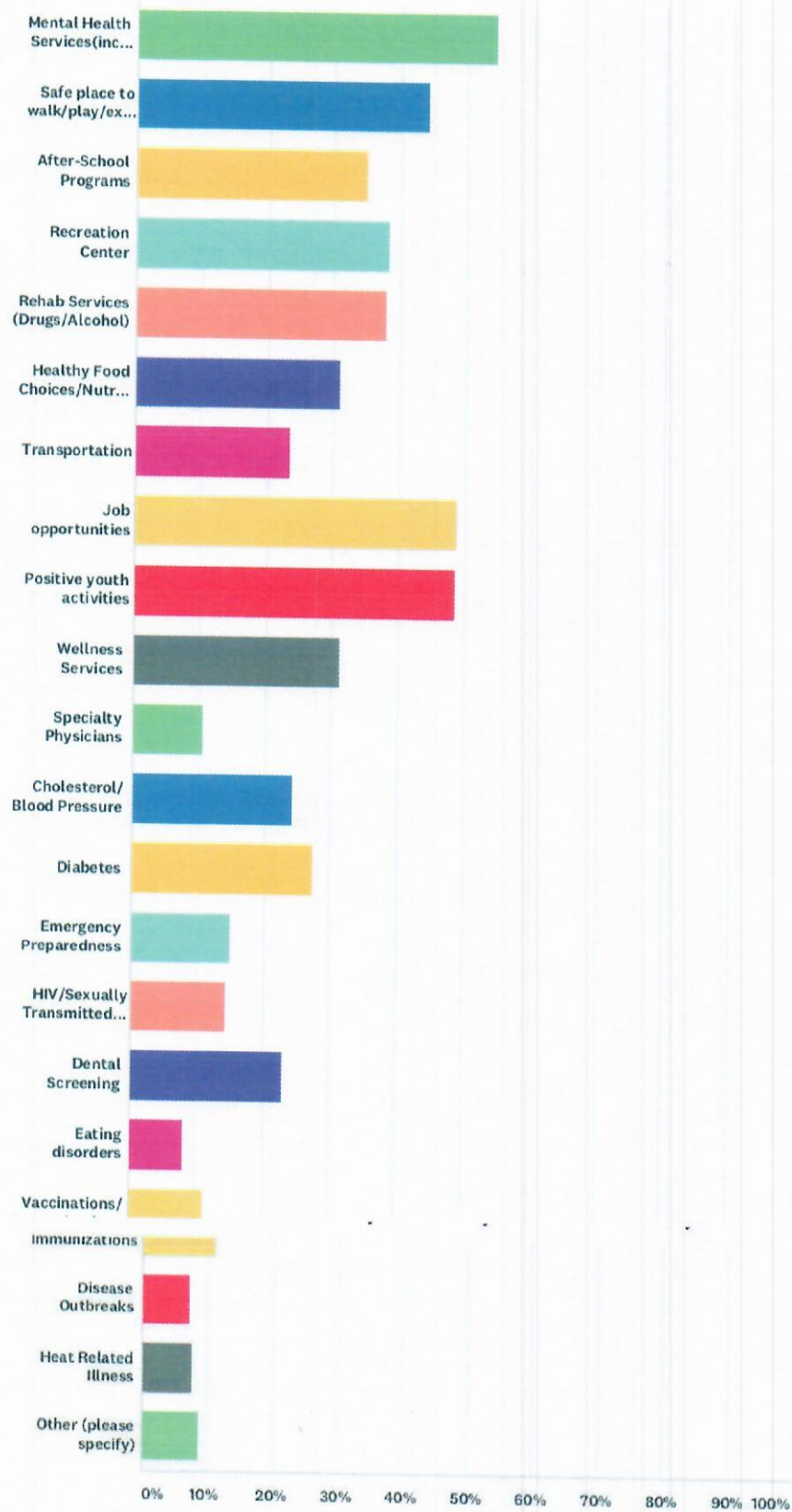
Answered: 508 Skipped: 91



ANSWER CHOICES	RESPONSES	
Food	22.83%	116
Medicine	32.28%	164
Health Insurance	52.56%	267
Transportation	18.90%	96
Home/Shelter	13.96%	71
Utilities (i.e. Electricity, Fuel, Water)	16.73%	85
Unemployment	49.02%	249
Substance Use	39.96%	203
Crime/Violence/Gangs	44.09%	224
Total Respondents: 508		

1 What services/screenings/education does your community need to help improve the health of your family and neighbors? (Check all that apply)

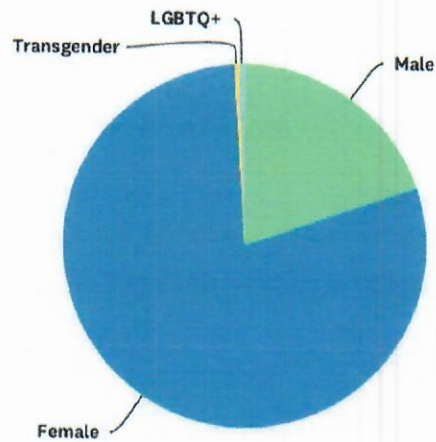
Answered: 504 Skipped: 95



ANSWER CHOICES	RESPONSES	
Mental Health Services(including depression/anxiety)	54.37%	274
Safe place to walk/play/exercise	44.05%	222
After-School Programs	34.92%	176
Recreation Center	38.29%	193
Rehab Services (Drugs/Alcohol)	37.90%	191
Healthy Food Choices/Nutrition	30.95%	156
Transportation	23.41%	118
Job opportunities	48.81%	246
Positive youth activities	48.61%	245
Wellness Services	31.15%	157
Specialty Physicians	10.71%	54
Cholesterol/ Blood Pressure	24.21%	122
Diabetes	27.38%	138
Emergency Preparedness	15.08%	76
HIV/Sexually Transmitted Diseases	14.48%	73
Dental Screening	23.02%	116
Eating disorders	8.13%	41
Vaccinations/ Immunizations	11.31%	57
Disease Outbreaks	7.34%	37
Heat Related Illness	7.74%	39
Other (please specify)	8.73%	44
Total Respondents: 504		

2 I am:

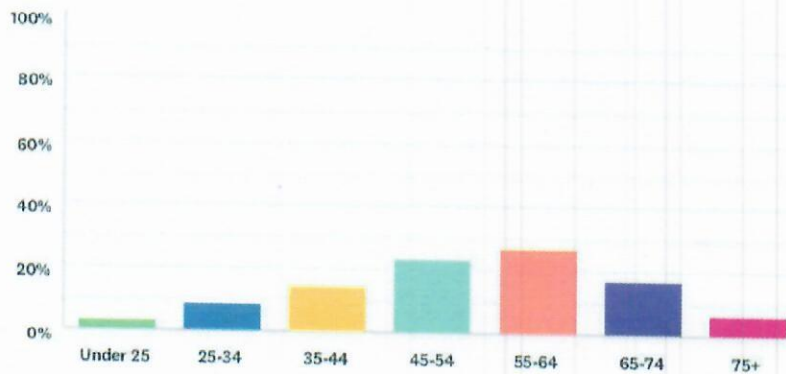
Answered: 516 Skipped: 83



ANSWER CHOICES	RESPONSES	
Male	19.77%	102
Female	79.26%	409
Transgender	0.39%	2
LGBTQ+	0.58%	3
TOTAL		516

My Age is:

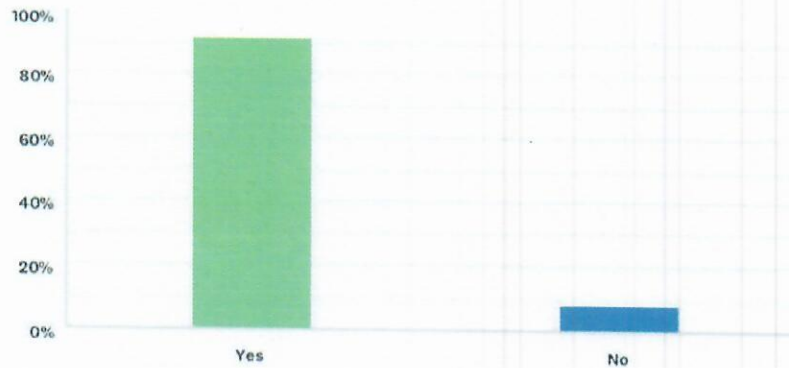
Answered: 511 Skipped: 88



ANSWER CHOICES	RESPONSES	
Under 25	3.33%	17
25-34	8.81%	45
35-44	14.48%	74
45-54	23.09%	118
55-64	26.81%	137
65-74	17.03%	87
75+	6.46%	33
TOTAL		511

4 Do you have health insurance?

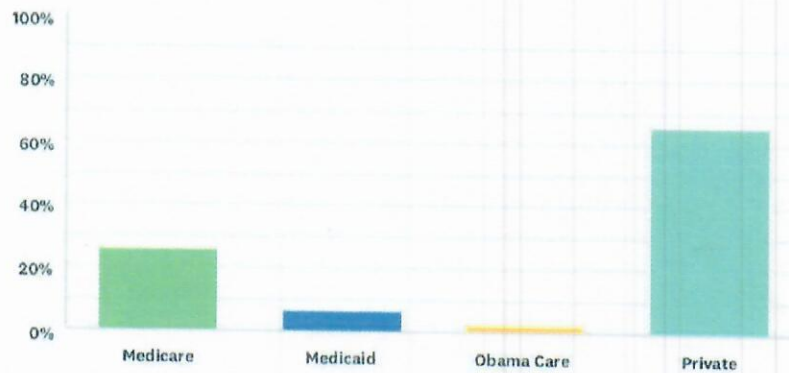
Answered: 515 Skipped: 84



ANSWER CHOICES	RESPONSES	
Yes	91.46%	471
No	8.54%	44
TOTAL		515

5 If you answered yes to the previous question, what type?

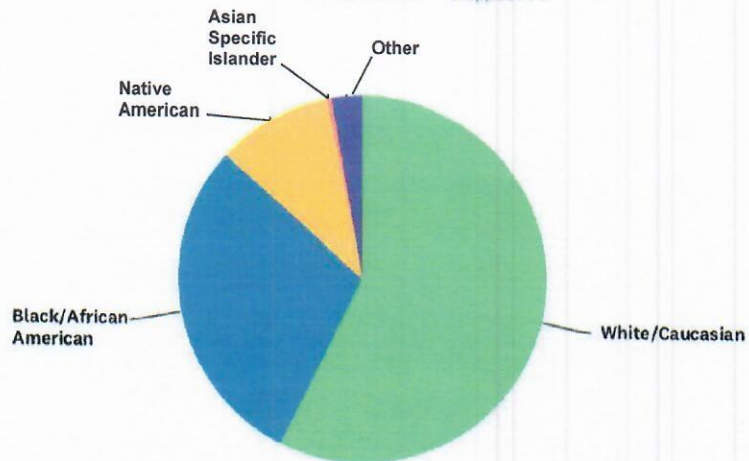
Answered: 469 Skipped: 130



ANSWER CHOICES	RESPONSES	
Medicare	25.80%	121
Medicaid	6.40%	30
Obama Care	2.13%	10
Private	65.67%	308
TOTAL		469

My race is:

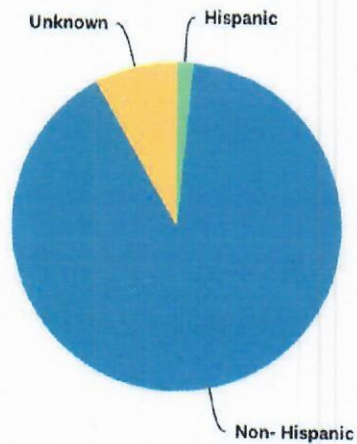
Answered: 503 Skipped: 96



ANSWER CHOICES	RESPONSES	
White/Caucasian	57.26%	288
Black/African American	29.42%	148
Native American	10.14%	51
Alaskan Native	0.00%	0
Asian Pacific Islander	0.40%	2
Other (please specify)	2.78%	14
TOTAL		503

What is your ethnicity?

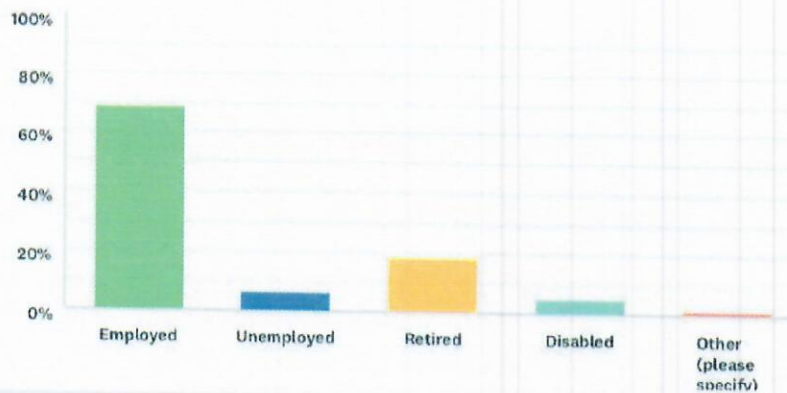
Answered: 451 Skipped: 148



ANSWER CHOICES	RESPONSES	
Hispanic	1.55%	7
Non- Hispanic	90.24%	407
Unknown	8.20%	37
TOTAL		451

I am:

Answered: 502 Skipped: 97



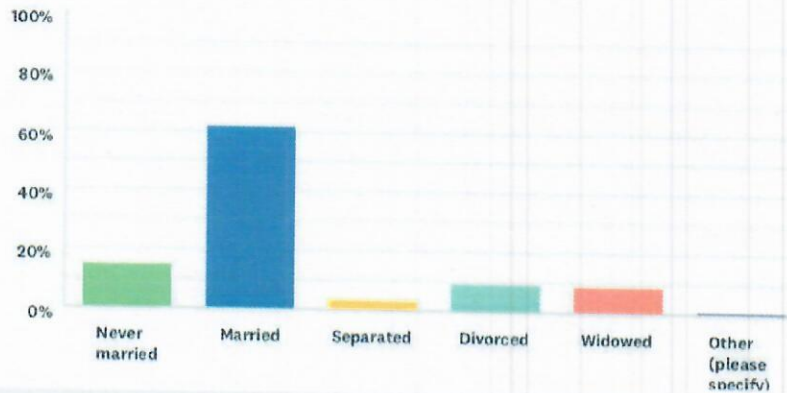
ANSWER CHOICES

RESPONSES

Employed	69.12%	347
Unemployed	6.37%	32
Retired	18.33%	92
Disabled	4.78%	24
Other (please specify)	1.39%	7
TOTAL		502

0 What is your marital status?

Answered: 505 Skipped: 94



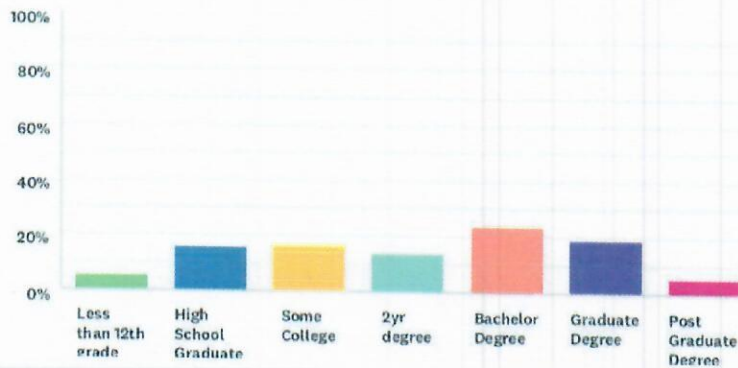
ANSWER CHOICES

RESPONSES

Never married	15.05%	76
Married	61.78%	312
Separated	3.56%	18
Divorced	9.50%	48
Widowed	8.91%	45
Other (please specify)	1.19%	6
TOTAL		505

C My 'highest level of education completed:

Answered: 510 Skipped: 89



ANSWER CHOICES

Less than 12th grade
High School Graduate
Some College
2yr degree
Bachelor Degree
Graduate Degree
Post Graduate Degree
TOTAL

RESPONSES

5.49% 28
15.88% 81
16.67% 85
13.92% 71
23.53% 120
18.82% 96
5.69% 29
510

2 My household income last year was:

Answered: 499 Skipped: 100



ANSWER CHOICES

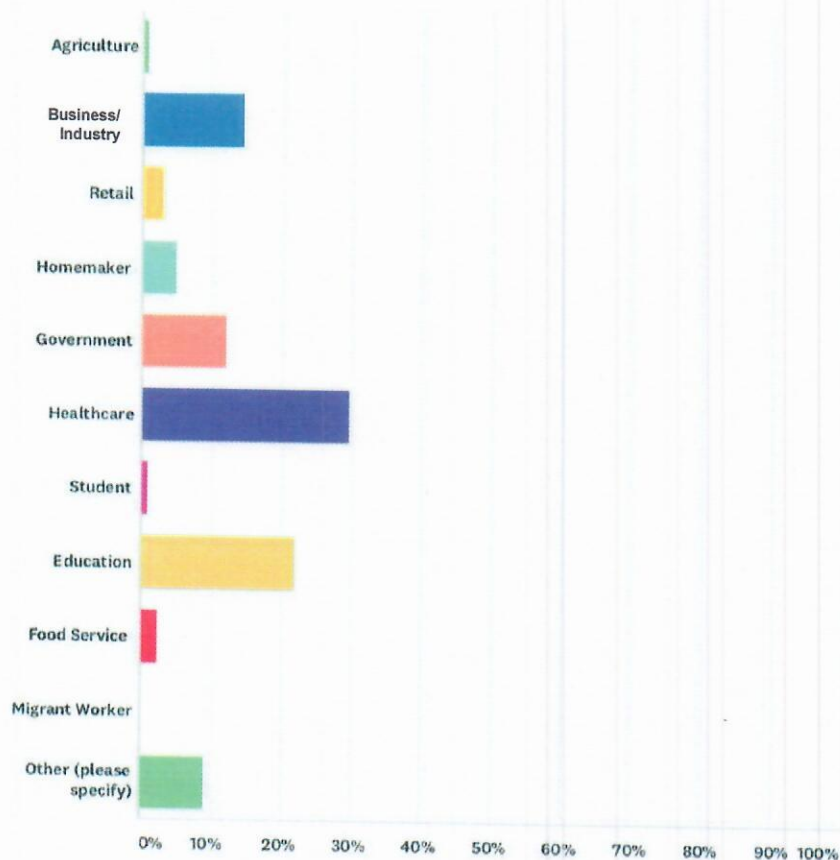
less than \$10,000
\$10,000-\$19,999
\$20,000-\$29,999
\$30,000-\$49,999
\$50,000-\$74,999
\$75,000-\$99,999
\$100,000+
Do not know
Prefer not to answer
TOTAL

RESPONSES

7.62% 38
7.41% 37
9.02% 45
15.63% 78
18.24% 91
13.03% 65
16.03% 80
1.00% 5
12.02% 60
499

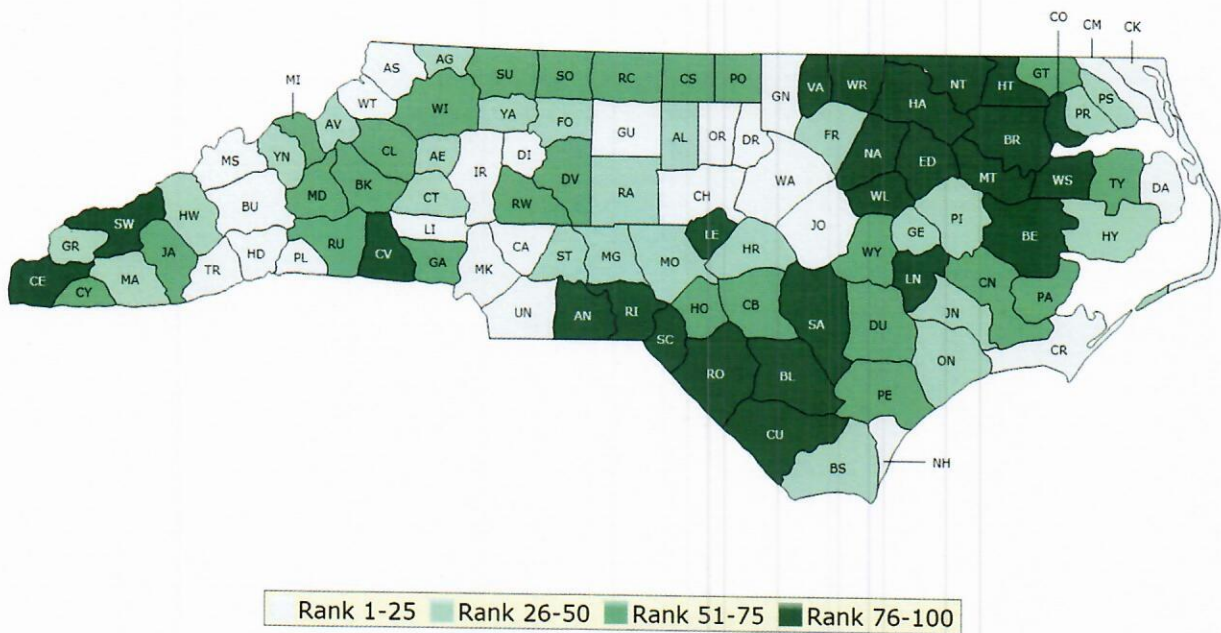
3 My job field is best described as:

Answered: 472 Skipped: 127

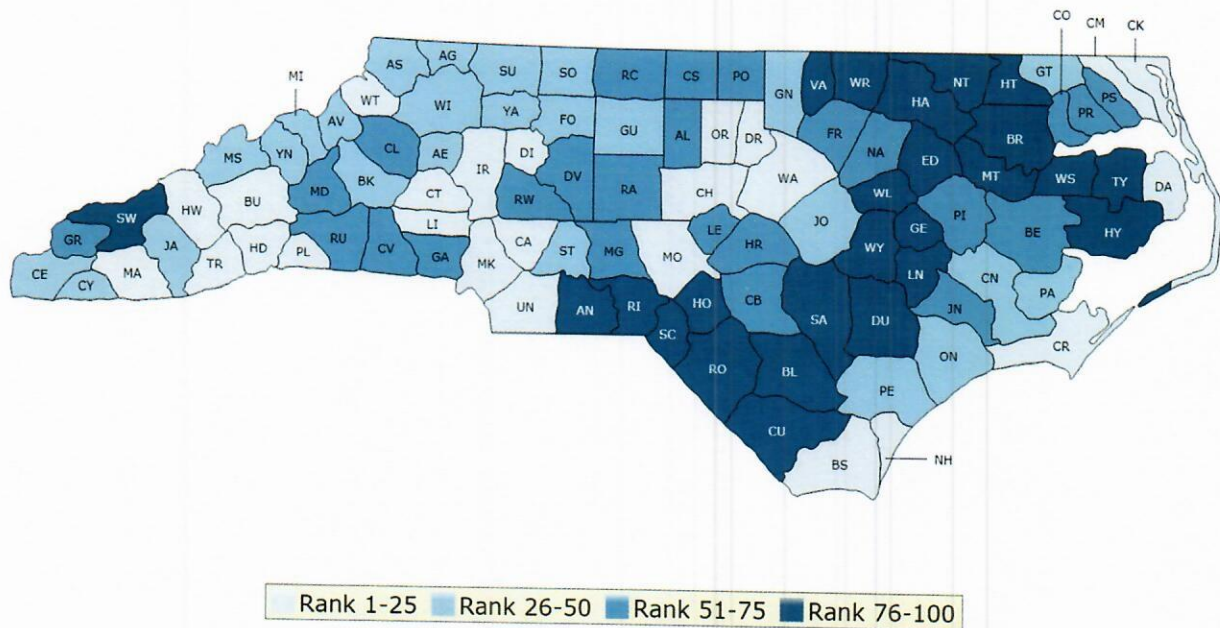


ANSWER CHOICES	RESPONSES	
Agriculture	0.85%	4
Business/Industry	14.41%	68
Retail	3.18%	15
Homemaker	5.08%	24
Government	12.08%	57
Healthcare	29.66%	140
Student	1.06%	5
Education	22.03%	104
Food Service	2.54%	12
Other (please specify)	9.11%	43
TOTAL		472

APPENDIX C



2019 NORTH CAROLINA HEALTH FACTORS MAP





Compare Counties

2019 Rankings

	North Carolina	Scotland (SC), NC X
Health Outcomes		99
Length of Life		95
Premature death	7,600	11,500
Quality of Life		99
Poor or fair health	18%	28%
Poor physical health days	3.6	4.9
Poor mental health days	3.9	4.9
Low birthweight	9%	13%
Health Factors		97
Health Behaviors		97
Adult smoking	18%	23%
Adult obesity**	30%	36%
Food environment index**	6.6	5.5
Physical inactivity**	23%	28%
Access to exercise opportunities	73%	68%
Excessive drinking	17%	13%
Alcohol-impaired driving deaths	30%	29%
Sexually transmitted infections**	577.6	856.1
Teen births	27	52
Clinical Care		66
Uninsured	12%	13%
Primary care physicians	1,420:1	1,680:1
Dentists	1,800:1	3,900:1
Mental health providers	440:1	580:1
Preventable hospital stays	4,702	6,266
Mammography screening	45%	49%
Flu vaccinations	50%	42%
Social & Economic Factors		98
High school graduation	86%	87%

Some college	67%		50%
Unemployment	4.6%		7.8%
Children in poverty	21%		39%
Income inequality	4.8		5.7
Children in single-parent households	35%		52%
Social associations	11.5		14.8
Violent crime**	351		694
Injury deaths	71		87
Physical Environment			84
Air pollution - particulate matter	9.8		10.2
Drinking water violations			No
Severe housing problems	16%		21%
Driving alone to work	81%		88%
Long commute - driving alone	32%		24%

** Compare across states with caution

Note: Blank values reflect unreliable or missing data

2019 COUNTY HEALTH RANKINGS FOR THE 100 RANKED COUNTIES IN NORTH CAROLINA

County	Health Outcomes	Health Factors	County	Health Outcomes	Health Factors	County	Health Outcomes	Health Factors	County	Health Outcomes	Health Factors
Alamance	33	53	Cumberland	73	65	Johnston	15	39	Randolph	46	60
Alexander	44	43	Currituck	6	23	Jones	37	57	Richmond	95	98
Alleghany	36	48	Dare	7	8	Lee	77	54	Robeson	100	100
Anson	90	91	Davidson	62	52	Lenoir	83	80	Rockingham	75	75
Ashe	23	29	Davie	18	15	Lincoln	17	20	Rowan	59	64
Avery	38	30	Duplin	65	87	Macon	40	24	Rutherford	69	63
Beaufort	79	68	Durham	12	16	Madison	24	32	Sampson	78	81
Bertie	92	82	Edgecombe	97	96	Martin	88	79	Scotland	99	97
Bladen	93	93	Forsyth	31	41	McDowell	72	59	Stanly	47	37
Brunswick	34	25	Franklin	35	61	Mecklenburg	4	14	Stokes	56	49
Buncombe	14	3	Gaston	66	56	Mitchell	58	28	Surry	71	46
Burke	61	44	Gates	67	38	Montgomery	42	67	Swain	87	78
Cabarrus	9	12	Graham	41	72	Moore	26	10	Transylvania	22	9
Caldwell	68	58	Granville	25	45	Nash	76	74	Tyrrell	70	88
Camden	5	11	Greene	39	83	New Hanover	19	13	Union	3	6
Carteret	20	21	Guilford	21	42	Northampton	96	92	Vance	98	94
Caswell	64	71	Halifax	91	99	Onslow	27	36	Wake	1	2
Catawba	45	19	Harnett	49	69	Orange	2	1	Warren	89	95
Chatham	8	7	Haywood	43	22	Pamlico	60	33	Washington	86	89
Cherokee	84	47	Henderson	13	5	Pasquotank	32	70	Watauga	10	17
Chowan	85	73	Hertford	82	85	Pender	57	34	Wayne	63	76
Clay	54	31	Hoke	55	86	Perquimans	29	55	Wilkes	74	50
Cleveland	80	66	Hyde	28	77	Person	51	51	Wilson	81	84
Columbus	94	90	Iredell	16	18	Pitt	50	62	Yadkin	48	40
Craven	52	26	Jackson	53	35	Polk	11	4	Yancey	30	27

Scotland County Community Health Assessment | 2019

Community Resources

Appendix D

Scotland County is rich in community resources. Diverse groups, various agencies, civic groups, faith organizations, the health care system, providers, schools and community volunteers collaborate to work together for the well-being of all citizens. Listed below are many resources available to the community:

- Adolescent Wellness Council
- Adult Care Homes
- Adult Day Care Services
- Adult Education
- After School Care
- Aging Advisory Council
- Alcoholics Anonymous
- Alzheimer's Support Group
- American Red Cross
- Amputee Support Group
- Arc of Scotland County
- Assisted Living for Adults
- Autism Society of NC-Parent Advocacy Group
- Better Breathers Support Group
- Border Belt AIDS Resources Team
- Boy Scouts of America
- Cancer Support Group
- Caregivers Support Group
- Child Care Directions
- Child Care Immunization Program
- Church Community Services
- Civic Organizations
- Community Diabetes Support Group
- Community Health & Wellness Resource Guide
- Community Innovations
- Community Transformation Grant Project
- Concerned Citizens for the Homeless, Scotland County
- Department of Social Services
- Diabetes Support Group
- Domestic Violence & Rape Crisis Center
- Downtown Revitalization
- Early Intervention Clinic – Scotland County Health Department
- EastPointe, M.C.O. Managing Behavioral Healthcare
- Eckerd Behavioral Health
- East Carolina University Dental Clinic, Lumberton, NC
- Emergency Medical Services
- Environmental Health and Animal Control
- Family Alternatives, Inc.
- Family Care Homes
- Family Self-Sufficiency Program
- Family Fitness Center
- Food Bank-Star of Bethlehem Missionary Baptist Church
- Four County Community Services
- Guardian ad Litem Program
- Girl Scouts of America
- Grief Support Group
- Growing Change, Inc.
- Habitat for Humanity Scotland Co
- Head Start
- Health and Wellness Resource Guide
- Healthy Start Corps., UNC Pembroke
- H.E.A.R.T. (Health Education and Resource Team, Scotland County)
- Home Delivered Meals Program
- Home Health Agencies
- Hospice of Scotland County
- Indian Museum of the Carolinas
- Juvenile Crime Prevention Council
- Laurinburg, Scotland County Area Chamber of Commerce
- Laurinburg Downtown Revitalization Corporation
- Laurinburg Fire Department
- Laurinburg Housing Authority
- Laurinburg Police Department
- Literacy Council
- Local Media
 - Adelphia Cable Local Information and Announcements
 - The Laurinburg Exchange
 - WEWO Radio
 - WLNC Radio
- Lumber River Council of Government (Senior Nutrition)
- March of Dimes
- Mid-Carolinas Safe Kids Coalition
- Ministerial Alliance
- Ministerial Association
- Multiple Sclerosis Support Group

Scotland County Community Health Assessment | 2019

Community Resources Con't

- Narcotics Anonymous
- New Beginningz, Inc.
- North Carolina Cooperative Extension Service, Scotland County
- Northview Harvest Outreach Ministries
- Number, Please! Resource Guide
- Nursing Homes, Skilled
- Parkinson's Support Group
- Preparedness and Response
- Prescription Assistance Program
- QuitlineNC
- ReNew Life Group, LLC
- Restoring Hope Center
- Richmond Community College, Diane F. Honeycutt Center
- Richmond County Health Department, Dental Clinic
- SAFE Kids Mid-Carolinas Program
- Safety Town
- Scotia Village Retirement Community
- Scotland Cancer Treatment Center
- Scotland Family Counseling Center
- Scotland County Community Health Advisory Board
- Scotland County Aging Advisory Council
- Scotland County Area Transit System (SCATS)
- Scotland County Cooperative Extension
- Scotland County 4-H Club
- Scotland County Health Department
- Scotland County Health & Wellness Resource Guide
- Scotland County Emergency Management
- Scotland County Humane Society
- Scotland County Memorial Library
- Scotland County NAACP Youth Council (NAACPACT-SO)
- Scotland County Parks and Recreation
- Scotland County Partnership for Children and Families
- Scotland County School System
- Scotland County Senior Games
- Scotland County Sheriff's Department
- Scotland County Special Olympics
- ScotLAND Grows
- Scotland Summer Feeding Program
- Scotland Health Care System
- Scotland Place Civic Center (Senior Center)
- Scots for Youth Program
- Senior Living, Independent
- Smart Start
- Soil Conservation Service
- Southeastern SELF Recovery
- Speech Solutions, Inc.
- St. Andrew's Presbyterian College
- Stroke Support Group
- United Way of Scotland County
- Veteran's Service
- Vocational Rehabilitation Services
- Wagram Recreation/Active Living Center

Note: Many of the community resources can be accessed through the following websites:

- City of Laurinburg:
 - www.laurinburg.org
- Laurinburg, Scotland County Area Chamber of Commerce:
 - www.laurinburgchamber.org
- Scotland County:
 - www.scotlandcounty.org
- Scotland County Department of Public Health:
 - www.scotlandcountyhealth.org
- Scotland Health Care System
 - www.scotlandhealth.org
- Scotland County Parks and Recreation
 - www.scotlandcountyparksandrecreation.org

Scotland County Health Department

Health and Wellness Resource Guide 2019-2020



Scotland County Health Department
1405 West Boulevard
Laurinburg, NC 28352
(910) 277-2440



Health and Wellness Resources in Scotland County

ADULT CARE HOMES/NURSING FACILITIES

Blair Assisted Living and Family Care
301 McLaurin Ave., Laurinburg, NC 28352
(910) 276-7995

Lumbee Heritage Elders Assisted Living
16220 Lumbee Heritage Lane
Laurinburg, NC 28352
(910) 291-0057

Morning Star Family Care Home
301 S. Caledonia Rd., Laurinburg, NC 28352
(910) 276-9078

Prestwick Village Assisted Living
1000 Johns Road, Laurinburg, NC 28352
(910) 276-5950

Scotia Village Assisted Living/Skilled Nursing
2200 Elm Avenue, Laurinburg, NC 28352
(910) 277-2000

Scotland County Adult Day Health Care
425 E. Church St. Laurinburg, NC 28352
(910) 276-4554

Scottish Pines Rehab and Nursing Home
620 Johns Road, Laurinburg, NC 28352
(910) 276-8400

Willow Place Assisted Living and Memory Care
1703 Stonewall Rd., Laurinburg, NC 28352
(910) 276-9211

AGRICULTURAL RESOURCES

Scotland County Cooperative Extension Office;
4-H, Family and Consumer Sciences,
Horticulture Agent, and 4-H EFNEP
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2422

Scotland Farm Bureau
223 Atkinson St., Laurinburg, NC 28352
(910) 277-3553

NC Forest Service Rangers Office
(910) 576-5481

NC Wildlife Resource Commission
(910) 439-5103

Poultry Agent
(704) 283-3743

Soil and Water Conservation Service
(910) 277-2433

ALCOHOL/SUBSTANCE MISUSE

Alcohol/Drug Council of North Carolina
Info and Referral to Treatment 1-800-688-4232

Agape Associates
619 S. Main St., Laurinburg, NC 28352
(910) 276-2072

Al-Anon 800-356-9996

Eastpointe Substance Abuse Prevention
800-913-6109

Generation Health Services, LLC
911 Atkinson St., Laurinburg, NC 28352
(910) 291-9909

Monarch
207 W. 29th Street, Lumberton, NC
(910) 618-5606

Murray Fork Clinic of Laurinburg
704-B Lauchwood Drive, Laurinburg, NC
(917) 939-2749

Narcotics Anonymous

Southeastern SELF Recovery (Southeastern
Regional Medical Center)
1224 Biggs St., Laurinburg, NC 28352
(910) 276-7360

Scotland Family Counseling Center
1603 Medical Dr., Laurinburg, NC 28352
(910) 276-7011

Vocational Rehabilitation Services
1-800-215-7227

Walter B. Jones Alcohol & Drug Treatment Ctr
2577 W. 5th Street
Greenville, NC 27834 252-830-3426

AMERICAN RED CROSS

Scotland County Chapter
501 Westwood Way, Laurinburg, NC 28352
(910) 276-0600

ANIMAL SERVICES

Scotland County Animal Control
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2440

City of Laurinburg Animal Control
503 Hall St., Laurinburg, NC 28352
(910) 276-2364

Health and Wellness Resources in Scotland County

ANIMAL SERVICES, Con't

Academy Animal Hospital of Laurinburg
11241 Andrew Jackson Highway
(910) 276-6068

Scotland Veterinary Hospital
17860 Andrew Jackson Highway
Laurinburg, NC 28352
(910) 240-0144

X-Way Road Animal Hospital
13041 X-way Road, Laurinburg, NC 28352
(910) 276-5300

BLIND/DEAF/SPEECH IMPAIRED SERVICES

American Council on the Blind 800-424-8666
EyeCare America 800-222-3937

Department of Social Services
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2500, ext. 3353

NC Library for Blind 888-388-2460

Starkey Hearing Foundation 866-354-3254

NC Dept. of Health and Human Services
(919) 855-4800

Relay NC 711

CapTel 888-269-7477

CHAMBER OF COMMERCE

Scotland County Chamber of Commerce
606 Atkinson St., Laurinburg, NC 28352
(910) 276-7420

CHILD ABUSE

Child Help- National Child Abuse Hotline
(800) 422-4453

Department of Social Services
(910) 277-2500

National Center for Missing and Exploited
Children
(703) 274-3900

CHILDREN'S AND YOUTH CONCERNS

Child Help- National Child Abuse Hotline
(800) 422-4453

National Child Safety Council (800) 222-1464

CHILDREN AND YOUTH CONCERNS CON'T

National Run-Away Switchboard(800) 786-2929

Partners in Ministry Resource Center
12 3rd Street, Laurinburg, NC 28352
(910) 277-3355

Sandhills Children's Developmental Services
Agency (CDSA) 1-866-368-7199 (toll free)

Safe Kids Mid-Carolinas – First Health
925 South Long Drive
Rockingham, NC 28379
(910) 417-3735
(910) 277-2470, Ext. 4478

Scotland County 4-H Club
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2422

Scotland County Health Department
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2440

Scotland County Partnership for Children and
Families – Smart Start
107 McRae St., Laurinburg, NC 28352
(910) 576-2363

Scotland Youth Center
406 Biggs Street, Laurinburg, NC 28352
(910) 277-2727

Scots for Youth Volunteer Program
303 Atkinson St., Laurinburg, NC 28352
(910) 276-5477

CHIROPRACTORS

Chiropractic Urgent Care
1000 S. Main St., Laurinburg, NC 28352
(910) 266-0222
Laurinburg Chiropractic Clinic
517 Atkinson St., Laurinburg, NC 28352
(910) 276-0008

CITY of LAURINBURG OFFICES

City of Laurinburg/City Manager
305 W. Church St., Laurinburg, NC 28352
(910) 276-8324

Beautification Department
(910) 276-8257

Community Development/Planning and Zoning
(910) 276-8257

Laurinburg Fire Department
(910) 276-1811

Health and Wellness Resources in Scotland County

CITY of LAURINBURG OFFICES CON'T

Laurinburg Police Department
303 W. Church St., Laurinburg, NC 28352
(910) 276-3211

Public Works/Recycling/Sanitation
503 Hall St., Laurinburg, NC 28352
(910) 276-2364

City Tax Office
303 W. Church St., Laurinburg, NC 28352
(910) 276-1521

Wastewater Treatment Plant
503 Hall St. Extension, Laurinburg, NC 28352
(910) 276-3522

COUNCIL ON AGING

Area Agency Council on Aging
Scotland Senior Center
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585 or (910) 618-5533

COUNTY OFFICES

Administration/County Manager
507 W. Covington St., Laurinburg, NC 28352
(910) 277-2406

Board of Elections
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2595

Building Inspection
507 W. Covington St., Laurinburg, NC 28352
(910) 277-2415

Cooperative Extension Services
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2422

Judicial System/Courthouse/Clerk of Court
212 Biggs St., Laurinburg, NC 28352
(910) 266-4400

Scotland County Health Department
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2440

Scotland County Parks and Recreation
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585

Scotland County Register of Deeds
212 Biggs Street, Laurinburg, NC 28352
(910) 277-2575

COUNTY OFFICES CON'T

Scotland County Sanitary Landfill
10700 Patterson Rd., Laurinburg, NC 28352
(910) 277-2421

Scotland County Sheriff's Office
212 Biggs St., Laurinburg, NC 28352
(910) 276-3385

Department of Social Services
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2500

Scotland County Soil Conservation Service
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2433
Scotland County Tax Office
212 Biggs St., Laurinburg, NC 28352
(910) 277-2566

Scotland County Transportation Office
1403 West Blvd., Laurinburg, NC 28352
(910) 277-2416

Scotland County Veteran's Services
311 Yadkin Ave., Laurinburg, NC 28352
(910) 277-2597

CRISIS COUNSELING

National Suicide Prevention Lifeline
800-273-TALK

CHRISTMAS CHEER (OCT. TO DEC.)

Church Community Services
108 S. Gill St., Laurinburg, NC 28352
(910) 276-8330

DENTISTS/DENTAL HEALTH

Dr. Michael T. Henry, DDS
503 Westwood Way, Laurinburg, NC 28352
(910) 276-4140

Palmetto Dental Health Associates, PA
103 E. Tatum Ave., McColl, SC
(843) 523-5291

Dr. John H. Slaughter, III, DDS
411 W. Cronly St., Laurinburg, NC 28352
(910) 277-0661

Dr. Watson Moses, III, DDS
426 S. King St., Laurinburg, NC 28352
(910) 276-9688

Health and Wellness Resources in Scotland County

DENTISTS/DENTAL HEALTH CONT

Dr. Daniel Williams, DDS, PA
501-B Westwood Way, Laurinburg, NC 28352
(910) 276-3166

East Carolina School of Dentistry Robeson Co
600 Country Club Rd., Lumberton, NC
(910) 737-6457

Richmond County Health Department
Dental Clinic
125 S. Hancock Street
Rockingham, NC 28379
(910) 417-4933

Village Family Dental
Knowles, Smith & Associates, LLP
109 McAlpine Lane, Laurinburg, NC 28352
(910) 276-6640

DEVELOPMENTAL DISABILITIES

Monarch Behavioral Health
103-B McAlpine Lane, Laurinburg, NC 28352
(910) 277-2663

NC Council on Developmental Disabilities
(919) 850-2901

RHA Behavioral Health Services
1779 S. Main Street, Laurinburg, NC 28352
(910) 277-3212

Friends of Scotland Enterprises 866-272-7826

DIABETES EDUCATION/PROGRAMS

Community Diabetes Support Group Education
3rd Tuesday of each month 5:30 to 6:30pm
(910) 277-2470, Ext. 4478 or (910) 291-6933

Scotland Community Health Clinic
(910) 276-9912

Scotland County Health Department
(910) 277-2440

Scotland Health Care System
(910) 291-6933

DISASTER RELIEF/ARMED FORCES EMERGENCY ASSISTANCE

American Red Cross (910) 276-0600

Church Community Services (910) 276-8330

United Way Scotland County (910) 276-6064

DOMESTIC VIOLENCE/RAPE COUNSELING

Domestic Violence and Rape Counseling Center
P. O. Box 2130, Laurinburg, NC 28353
(910) 277-5505

24 Hour Crisis Hotline (910) 276-6268

EMPLOYMENT

NC Dept of Commerce, Division of Employment
Security
303 N. Main St., Laurinburg, NC 28352
(910) 276-4260

Employment Staffing
436 Atkinson St., Laurinburg, NC 28352
(910) 266-8001

Title V Adult Employment Services
(910) 258-6271

Two Hawk Workforce Services
303 N. Main St., Laurinburg, NC 28352
(910) 276-4260

EMERGENCY

911

EYE HEALTH

My EYE Doctor
215-A Lauchwood Dr., Laurinburg NC 28352
(910) 276-1993

Carolina Eye Associates
514 S. Main St., Laurinburg, NC 28352
(910) 276-4075

Frank E. Rooffe, III, O.D. Family Eye Care
509 Lauchwood Dr., Laurinburg, NC 28352
(910) 276-9256

The Laser Eye Institute – Dr. Kurt A. Jute, O.D.
1603 Medical Dr., Laurinburg, NC 28352
(910) 277-1411

Wal-Mart Vision Center - Laurinburg
901 U.S. Highway 401 S., 28352
(910) 266-9424

FIRE DEPARTMENTS

Gibson Fire Department (910) 268-4872
Laurel Hill Fire Department (910) 462-3230
Laurinburg Fire Department (910) 276-1811
Spring Hill Fire Department (910) 291-3119
Stewartsville Fire Department
8781 Johns Rd., Laurinburg, NC 28352
(910) 276-9410

Health and Wellness Resources in Scotland County

FITNESS CENTERS/HEALTH CLUBS

Fitcare (Family Fitness Center)
321 Plaza Rd., Laurinburg, NC 28352
(910) 277-0099

FOOD PANTRIES/NUTRITION

Church Community Services
212 Biggs St., Laurinburg, NC 28352
(910) 276-8330

Department of Social Services
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2500

First United Methodist Church
101 West Church Street
(910) 276-1592

Meals On Wheels - Home Delivered Meals
(910) 618-5533

Scotland County Cooperative Extension
231 E. Cronly Street, Laurinburg, NC 28352
(910) 277-2422

Restoring Hope Center, Inc. (910) 276-4460

Scotland County Nutrition Sites (910) 618-5533
Saint Luke United Methodist Church
1501 S. Turnpike Rd., Laurinburg, NC 28352
(910) 276-6821

Star of Bethlehem United Methodist Church
1210 S. Caledonia Rd., Laurinburg, NC 28352
(910) 276-7792

Spring Hill Baptist Church – Wagram
(910) 369-2335

HEALTH INSURANCE/MEDICAID/MEDICARE

Seniors' Health Insurance Information Program (SHIIP) 855-408-1212
Local SHIIP Scotland Place 910-277-2550
Department of Social Services 910-277-2500
Social Security – Rockingham 877-405-7673
Social Security – Lumberton 866-931-7099

HEALTH SERVICES

AIDS Hotline 800-CDC-INFO
American Cancer Society 800-227-2345
American Heart Association 800-242-8721
American Lung Association 800-LUNG-USA
Department of Social Services (910) 277-2500
Health and Human Services
Hotline 1-800-MEDICARE

HEALTH SERVICES CON'T

Highland Primary Care Family Practice
515-A Lauchwood Dr., Laurinburg, NC 28352
(910) 506-4510

Home Care of the Carolinas 800-222-6819

Leukemia and Lymphoma Society
(Charlotte) 704-998-5012

Library of Congress - Division of the Blind
and Physically Handicapped 800-424-8567

Laurinburg Dialysis
701 Lauchwood Dr., Laurinburg, NC 28352
(910) 276-6669

Scotland County Health Dept. (910) 277-2440
HIV/AIDS Early Intervention Clinic

Scotland Memorial Hospital (910)-291-7000

Scotland Community Health Clinic
1405-B West Blvd., Laurinburg, NC 28352
(910) 276-9912

Scotland County Community Health Center
705-B Lauchwood Dr., Laurinburg, NC 28352
(910) 506-4682

HOME HEALTH AGENCIES/SERVICES

Carolina Hearts Home Care
600 S. Main St., Laurinburg, NC 28352
(910) 277-2505

First Health Home Care 800-876-2212

HealthKeeperz 800-309-3784
231 E. Cronly St., Laurinburg, NC 28352
(910) 277-2484

Impact Home Care Services
1620 S. Main St., Laurinburg, NC 28352
(910) 276-4644

Interim Health Care Services
214 McLean St., Laurinburg, NC 28352
(910) 277-4272

Liberty Home Health Services (910) 844-1008

Native Angels Home Care (910) 735-1541

Rainbow 66 Storehouse
525 Atkinson St., Laurinburg, NC 28352
(910) 276-0766

Health and Wellness Resources in Scotland County

HOSPICE

Scotland Regional Hospice 1-877-276-7176
610 Lauchwood Dr., Laurinburg, NC 28352

Hospice of Richmond County (910) 997-4464

HOSPITALS

Scotland Health Care System (910) 291-7000
(Scotland Memorial Hospital)
500 Lauchwood Dr., Laurinburg, NC 28352

Southeastern Regional Medical (910) 671-5000
Center
300 W, 27th St., Lumberton, NC

HOUSING/HOUSING AUTHORITY

Habitat for Humanity Scotland County
12340 McColl Road
Laurinburg, NC 28352
(910) 276-3337

Laurinburg Housing Authority Main Office
1300 Woodlawn Dr., Laurinburg, NC 28352
(910) 276-2582

Laurinburg Housing Authority
420 Stewartsville Rd., Laurinburg, NC 28352
(910) 277-0667

LEGAL SERVICES

Legal Aide of NC 866-219-5262
Senior Legal Helpline 877-579-7562
Legal Aide of NC – Pembroke (910) 521-2831

LACTATION (Breastfeeding) CONSULTANT

Scotland County Health Department
1405 West Blvd., Laurinburg, NC 28352
(910) 277-2470, Ext. 4490

Scotland Memorial Hospital/Women's Center
500 Lauchwood Dr., Laurinburg, NC 28352
(910) 291-7000

LIBRARY

Scotland County Memorial Library
312 Church St., Laurinburg, NC 28352
(910) 276-0563

MEDICATION ASSISTANCE PROGRAM

Medicare 800-633-4227

North Carolina Drug Card 828-638-4567

MEDICATION ASSISTANCE PROGRAM, Con't

NC MedAssist 704-536-1790
4428 Taggart Creek Rd., Suite 101
Charlotte, NC 28208

Partnership for Prescription Assistance
888-477-2669

Scotland Community Health Clinic
1405-B West Blvd., Laurinburg, NC 28352
(910) 276-9912

Seniors Health Insurance Information Program
(SHIIP) – Scotland Place (910) 277-2550

MENTAL HEALTH SERVICES

Eastpointe Mental Health Services
800-913-6109

Family First Support Center, Inc.
1112 Atkinson St. Laurinburg, NC
(910) 610-4222

Friends of Scotland Enterprises 866-272-7826

Greater Image Behavioral Health Center
401 Robeson Street
Fayetteville, NC 28301
(910) 321-0069

Murray Fork Clinic of Laurinburg
704-B Lauchwood Dr., Laurinburg, NC 28352
(917) 939-2749

Primary Health Choice, Inc.
505 S. Atkinson St., Laurinburg, NC 28352
(910) 277-0001

ReNew Life Group, LLC
118-C James Street
Laurinburg, NC 28352
(910) 291-0078

Sandhills Behavioral Center, Inc.
821 S. Main St., Laurinburg, NC 28352
(910) 266-0092

Scotland Family Counseling Center
600 W. Church St., Laurinburg, NC 28352
(910) 276-7011

Vocational Rehabilitation Services
6984 NC Hwy. 711 West
Pembroke, NC 28372
(910) 521-4220

Health and Wellness Resources in Scotland County

PHARMACIES

Community Drugs, Inc.
1028 Atkinson St., Laurinburg, NC 28352
(910) 276-6061

Health Innovations Pharmacy
901 S. Main St., Laurinburg, NC 28352
(910) 361-4931

Medical Village Pharmacy of Laurinburg
517 Lauchwood Drive, Laurinburg, NC 28352
(910) 276-1154

Rite Aid Pharmacies - Laurinburg
140 S. Main St., Laurinburg, NC 28352
(910) 276-1058
Scotland Drug Store
140 S. Main St., Laurinburg, NC 28352
(910) 276-3001

Walgreens Pharmacy - Laurinburg
821 Westwood Way, Laurinburg, NC
(910) 277-9097

Walgreens Pharmacy – Maxton
106 E. Dr. Martin Luther King Jr. Dr.
Maxton, NC 28364
(910) 844-3096

RECREATION OPPORTUNITIES

Lumber River State Park (910) 628-4564

Scotland County Parks and Recreation
Scotland Place Civic Center
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585

Wagram Recreation/Active Living Center
24441 Marlboro St., Wagram, NC 28396
(910) 369-0686

RECYCLING CENTERS

Scotland County Sanitary Landfill
10700 Patterson Rd., Laurinburg, NC 28352
(910) 277-2421

SAFETY/EMERGENCY ASSISTANCE

Police/Sheriff/Fire/Ambulance 911
Emergency Communications (910) 277-3231
Center (Scotland County)
NC Forest Service (910) 276-0455

SMOKING CESSATION

QuitlineNC 1-800-QUIT-NOW
Tobacco Cessation Education (910) 291-6933
Scotland Health Care System
500 Lauchwood Drive, Laurinburg, NC 28352

SUPPORT GROUPS AND PROGRAMS

Alzheimer's Support Group (910) 276-1707
Bereavement/Grief Support (910) 276-7176
Circle of Hope (Cancer) (910) 291-7630
Breastfeeding Mothers Support (910) 291-7802
Diabetes Support/Education (910) 291-6933
Family Caregiver Support (910) 276-7176
Grandparents Raising Children (910) 277-2585
Multiple Sclerosis Support (910) 291-7327
Parkinson's Support Group (910) 277-2782
Smoking/Tobacco Cessation (910) 291-6933
Stroke Support Group (910) 291-7800

TRANSPORTATION

Scotland County Area Transit System
(SCATS)
1403 West Blvd., Laurinburg, NC 28352
(910) 277-2416

TRANSPORTATION Con't

Braveheart Medical Transport Service
Turnpike Rd., Laurinburg, NC 28352
(910) 277-8003

UTILITIES PROGRAMS - ASSISTANCE

Church Community Services (910) 276-8330
212 Biggs St., Laurinburg, NC 28352

Department of Social Services (910) 277-2500
LEAP Program
1405 West Blvd., Laurinburg, NC 28352

Southeastern Community & Family Service
The Oaks Professional Building, Laurinburg
(910) 277-3500

Duke Energy Power Outage 800-419-6356
City of Laurinburg Public Works 910-276-2364
Lumbee River EMC 800-683-5571

VETERANS SERVICES

Scotland County Veterans Service
507 W Covington St., Laurinburg, NC 28352
(910) 277-2597

VA Hospital Fayetteville 800-771-6106
(910) 488-2120

Health and Wellness Resources in Scotland County

VETERANS SERVICES, con't

Fayetteville VA Medical Center
Homeless Program 800-771-6106

National Call Center for Homeless Veterans
877-424-3838

US Department of Veterans Affairs
800-827-1000

VA Outpatient Clinic of Hamlet
(910) 582-3536

VOCATIONAL REHABILITATION

Lumbee Tribal Vocational Rehab Services
6984 NC Hwy. 711 W
Pembroke, NC 28372
(910) 521-4220

VOLUNTEER OPPORTUNITIES

AARP Scotland County (910) 277-2585
Active Healthy Living Partnership (910) 277-2470
Ext. 4478

American Red Cross (910) 276-0600

Habitat for Humanity (910) 276-3337

Scotland Regional Hospice (910) 276-7176

Meals on Wheels (910) 618-5533

Partners In Ministry (910) 277-3355

Scotia Village (910) 277-2000

Scotland County Memorial
Library (910) 276-0563

Scotland County Literacy
Council (910) 276-7007

Scotland Place Senior Center (910) 277-2550

Scotland County Schools (910) 276-1138

Scotland Health Care System (910) 291-7842

Wagram Active Living Center (910) 369-0686

WHEELCHAIR RAMPS/PROGRAMS

Scotland Place Senior Center
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585

Independent Living Program 888-258-1473
(910) 486-1717

Saint Luke United Methodist Church
1501 S. Turnpike Rd., Laurinburg, NC 28352
(910) 276-6821

WALKING TRAILS – SCOTLAND COUNTY

Scotland County Parks and Recreation
(walking trail maps and information)
1210 Turnpike Rd., Laurinburg, NC 28352
(910) 277-2585

Scotland Memorial Hospital's FIT Trail
500 Lauchwood Drive, Laurinburg, NC 28352
(910) 291-6933

Health and Wellness Resources in Scotland County

Health Resource Links:

- <https://www.quitlinenc.com>
- <https://www.lung.org/stop-smoking>
- <https://www.mentalhealth.gov>
- <https://www.eastpointe.net>
- <https://www.diabetes.org>
- www.morethanagamenc.com
- <https://www.cdc.gov>
- <https://www.hiv.gov>
- <https://www.cancer.org>
- <https://eatsmartmovemorenc.com>
- <https://choosemyplate.gov>
- <https://samhsa.gov>
- <https://www.alz.org>
- <https://www.cdc.gov/disasters/extremeheat/index.html>
- <https://offspring.lifehacker.com/what-parents-need-to-know-about-juuling-1823376027>
- <https://www.ncdhhs.gov/divisions/mhddsas>
- <https://www.ncminorityhealth.org>
- <https://www.publichealth.nc.gov/>
- <https://www.shiftnc.org>
- <https://safetosleep.nichd.nih.gov/>
- <https://wicbreastfeeding.fns.usda.gov>
- www.fema.gov
- www.epi.publichealth.nc.gov/phpr
- www.cdc.gov/healthyweight
- www.health.gov
- www.americanheart.org
- www.lockyourmeds.org/nc
- www.alcoholdrughelp.org
- www.morepowerfulnc.org
- www.ourchildrensplace.com



www.scotlandcounty.org

Rev. Jan. 2020
Health Education Dept.
Scotland County Health Department
(910) 277-2440

References and Resources

Appendix E

- American Cancer Society
- American Heart Association - "Heart Disease and Stroke Statistics 2019 Update"
- American Lung Association/American Lung Association of North Carolina
- Centers for Disease Control and Prevention
- Centers for Disease Control and Prevention/National Institutes of Alcohol Abuse and Alcoholism
- Centers for Disease Control and Prevention/Youth Risk Behavior Surveillance System
- Child Health Report Card 2018
- City of Laurinburg, North Carolina
- Community Innovations, Inc.
- County Health Rankings and Roadmaps 2019
- Department of Health and Human Services/Substance Abuse and Mental Health Services Administration
- Department of Health and Human Services/Health Resources and Services Administration's (HRSA) Office of Women's Health
- EastPointe, M.C.O. – Managing Behavioral Healthcare Services
- Evergreen Behavioral Management, Inc.
- Four County Community Services, Inc.
- Generations Health Services, LLC
- Health Profile of North Carolinians 2017
- Health Resources and Services Administration/Office of Women's Health
- Healthy People 2020 – Leading Health Indicators
- Immunize NC
- Lumber River Council of Government/ Area Agency on Aging
- National Cancer Institute
- National Highway Traffic Safety Administration
- National Institutes of Health/National Institute of Allergy and Infectious Diseases
- National Institutes of Health/National Institute on Drug Abuse
- National Institute of Health – Medline Plus
- National Institutes of Health/National Institute of Mental Health
- NC Behavior Risk Factor Surveillance System
- NC Central Cancer Registry, "Scotland County Cancer Profiles", April 2017
- NC Child Advocacy Institute
- NC Cooperative Extension Service – Scotland County
- NC Council for the Hearing Impaired
- NC Department of Commerce – County Profiles 2018 – Scotland County
- NC Department of Crime Control and Public Safety
- NC Department of Environment and Natural Resources
- NC Department of Health and Human Services/Centers for Disease Control and Prevention
- NC Department of Health and Human Services/Division of Services for the Blind
- NC Department of Health and Human Services/Division of Services for the Deaf / Hard of Hearing
- NC Department of Health and Human Services/Injury and Violence Prevention Branch
- NC Department of Health and Human Services/Oral Health Section/Department of Public Health
- NC Department of Insurance/Office of State Fire Marshall
- NC Department of Justice Statistics
- NC Early Hearing Detection and Intervention Program
- NC Early Intervention Services – "Together We Grow"
- NC Electronic Disease Surveillance System (NC EDSS), 2018
- NC Department of Social Services
- NC Highway Safety Resource Center
- NC Lead Contacts

References and Resources - Continued:

- NC Quick Facts from US Census Bureau
- NC School Asthma Survey
- NC State Bureau of Investigation Crime Index 2008 thru 2017
- NC CATCH
- NC School Health Services Report 2018-2019
- NC State Center for Health Statistics, 2016, 2017, 2018, 2019
- NC State Center for Health Statistics/Behavior Risk Factor Surveillance System
- NC State Center for Health Statistics/Department of Public Health
- NC State Center for Health Statistics Pocket Guide 2018
- NC State Center for Health Statistics/Pregnancy Risk Assessment Monitoring System
- NC State Demographics – Population estimates
- NC Tobacco Prevention and Control Branch/NCDHHS
- New Beginningz, Inc
- North Carolina Early Childhood Action Plan – Scotland County Data 2018
- Scotland Cancer Treatment Center
- Scotland Community Health Clinic
- Scotland County Chamber of Commerce – Laurinburg, NC
- Scotland County - Child Care Directions
- Scotland County Church Community Services
- Scotland County – City of Laurinburg
- Scotland County – Community Health Advisory Board
- Scotland County Community Health Assessment Survey 2019
- Scotland County – Concerned Citizens for the Homeless Agency
- Scotland County Department of Social Services
- Scotland County – Domestic Violence and Rape Crisis Center
- Scotland County Emergency Medical Service
- Scotland County (Food Bank) – Star of Bethlehem Baptist Church
- Scotland County - Four County Community Services, Inc.
- Scotland County – Habitat for Humanity
- Scotland County Health Department
- Scotland County Health Department Community Health & Wellness Resource Guide 2019-2020
- Scotland County – Juvenile Crime Prevention Council
- Scotland County – Laurinburg Exchange
- Scotland County – Laurinburg Housing Authority
- Scotland County – Laurinburg Police Department
- Scotland County – Literacy Council
- Scotland County – March of Dimes
- Scotland County – Northview Harvest Outreach Ministries
- Scotland County Parks and Recreation
- Scotland County Re-entry Council
- Scotland County School System
- Scotland County Sheriff's Department
- Scotland Family Counseling Center
- Scotland Health Care System
- Scotland County Partnership for Children and Families
- Scotland County - The Purcell Clinic
- Scotland County United Way – 2019 Campaign
- Sheps Health Workforce NC 2018
- WLNC Hometown Radio



Scotland County Mission Statement: "To protect the Health, Safety, and Welfare of our Citizens and ensure Peace and Dignity within the County."

Scotland County Health Department Mission Statement: "To promote quality health through education, disease prevention and control, preparedness and environmental protection."



Scotland Health Care System Mission Statement: "To work with our health care partners to create and operate a patient centered, integrated system to provide Safe, High Quality, Compassionate, and Sustainable health care to the people we serve."

